**University of Jordan**

**Faculty of Nursing**

**Maternal Health Nursing**

**Performance Checklist**

**Clinical Area: Antenatal Clinic**

**Student Name : Date:**

**Instructor :**

**Key:**

**0: Incompetent 1: Poor 2: Good 3: Very good 4: Excellent**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **TASK** | **0** | **1** | **2** | **3** | **4** | **comment** |
| 1. **Assesses the general health status of the pregnant woman:** |  |  |  |  |  |  |
| 1. Establishes a therapeutic relationship. |  |  |  |  |  |  |
| 1. Obtains medical and surgical history |  |  |  |  |  |  |
| 1. Obtains menstrual history |  |  |  |  |  |  |
| 1. Obtains obstetric history |  |  |  |  |  |  |
| 1. Obtains gynecological history |  |  |  |  |  |  |
| 1. Assesses relevant laboratory results |  |  |  |  |  |  |
| 1. Obtains vital signs |  |  |  |  |  |  |
| 1. Obtains client's weight |  |  |  |  |  |  |
| **2. Performs general physical examination for the pregnant woman:** |  |  |  |  |  |  |
| 1. Assesses head, face and neck. |  |  |  |  |  |  |
| 1. Assesses the breast. |  |  |  |  |  |  |
| 1. Assess fundal height |  |  |  |  |  |  |
| 1. Performs fundal palpation |  |  |  |  |  |  |
| 1. Performs lateral palpation |  |  |  |  |  |  |
| 1. Performs Pawlik maneuver |  |  |  |  |  |  |
| 1. Locates and auscultates fetal heart sounds |  |  |  |  |  |  |
| 1. Differentiates sounds other than fetal heart sound. |  |  |  |  |  |  |
| 1. Assesses the client's lower limbs |  |  |  |  |  |  |
| 1. Documents findings |  |  |  |  |  |  |
| 1. Analyzes and reports findings |  |  |  |  |  |  |
| **3. Provides health education for the pregnant woman:** |  |  |  |  |  |  |
| 1. Able to assess health needs for the woman and her family |  |  |  |  |  |  |
| 1. Paces health education session appropriately |  |  |  |  |  |  |
| 1. Speaks audibly and clearly |  |  |  |  |  |  |
| 1. Summarizes main points at end of presentation/discussion |  |  |  |  |  |  |
| 1. Solicits and responds constructively to client’s opinions |  |  |  |  |  |  |
| 1. Utilizes appropriate audiovisual material and teaching strategies. |  |  |  |  |  |  |
| 1. Evaluate health education program |  |  |  |  |  |  |

**University of Jordan**

**Faculty of Nursing**

**Maternal Health Nursing**

**Performance Checklist**

**Clinical Area: labor Ward**

**Student Name : Date:**

**Instructor:**

**Key:**

**0: Incompetent 1: Poor 2: Good 3: Very good 4: Excellent**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **TASK** | **0** | **1** | **2** | **3** | **4** | **comment** |
| * + - 1. **Assesses the general health status of a woman in labor** |  |  |  |  |  |  |
| 1. Obtains menstrual history (LMP, EDD). |  |  |  |  |  |  |
| 1. Obtains obstetrical history. |  |  |  |  |  |  |
| 1. Obtains history of the onset of true labor (Time of true labor contractions, Show, Condition of membranes). |  |  |  |  |  |  |
| 1. Performs physical examination of the woman. |  |  |  |  |  |  |
| 1. Documents findings. |  |  |  |  |  |  |
| 1. **Provides clients care needed during each stage of labor :** |  |  |  |  |  |  |
| First and Second stages of labor: |  |  |  |  |  |  |
| 1. Monitors maternal progress: vital signs, maternal condition and labor progress. |  |  |  |  |  |  |
| 1. Assesses fetal heart rate frequently ( Q 15 min) |  |  |  |  |  |  |
| 1. Assists in emptying the bladder regularly. |  |  |  |  |  |  |
| 1. Monitors uterine contractions. |  |  |  |  |  |  |
| 1. Monitors fluid balance (intake and output). |  |  |  |  |  |  |
| 1. Assists client to manage pain (e.g.: Breathing exercises, massaging, positioning, and providing physical and emotional support and proper communication). |  |  |  |  |  |  |
| 1. Assists client into proper positioning. |  |  |  |  |  |  |
| 1. Draping of the parturient for delivery. |  |  |  |  |  |  |
| 1. Prepares equipment needed for delivery procedure |  |  |  |  |  |  |
| 1. Provides assistance during the second stage of labor. |  |  |  |  |  |  |
| Third stage of labor: |  |  |  |  |  |  |
| 1. Provides assistance |  |  |  |  |  |  |
| 1. Examines placenta. |  |  |  |  |  |  |
| 1. Examines Fundal position and contractility |  |  |  |  |  |  |
| Fourth stage of labor |  |  |  |  |  |  |
| 1. Provides assistance |  |  |  |  |  |  |
| 1. Evaluates maternal total blood loss. |  |  |  |  |  |  |
| 1. Evaluates uterine condition (contracted, firm and at midline). |  |  |  |  |  |  |
| **3. Provides immediate care of the newborn:** |  |  |  |  |  |  |
| 1. Applies warmth |  |  |  |  |  |  |
| 1. Do Apgar scoring. |  |  |  |  |  |  |
| 4.**Documentation** |  |  |  |  |  |  |
| 1. Document findings appropriately using Partograph |  |  |  |  |  |  |

**University of Jordan**

**Faculty of Nursing**

**Maternal Health Nursing**

**Performance Checklist**

**Clinical Area: Postnatal Ward**

**Student Name : Date:**

**Instructor :**

**Key:**

**0: Incompetent 1: Poor 2: Good 3: Very good 4: Excellent**

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| --- | --- | --- | --- | --- | --- | --- |
| **TASK** | **0** | **1** | **2** | **3** | **4** | **comment** |
| **1.Assesses the general health status of a postpartum woman:** |  |  |  |  |  |  |
| 1. Establishes a therapeutic relationship |  |  |  |  |  |  |
| 1. Obtains medical and surgical history |  |  |  |  |  |  |
| 1. Obtains menstrual history |  |  |  |  |  |  |
| 1. Obtains obstetric history |  |  |  |  |  |  |
| 1. Obtains gynecological history |  |  |  |  |  |  |
| **2. Performs general physical examination for the postpartum woman:** |  |  |  |  |  |  |
| 1. Assesses the general physical status. |  |  |  |  |  |  |
| 1. Assesses the condition of the breasts. |  |  |  |  |  |  |
| 1. Assesses the height of fundus (Involution). |  |  |  |  |  |  |
| 1. Describes lochia (color, amount and smell). |  |  |  |  |  |  |
| 1. Assesses lower extremities for (edema, DVT, and varicose veins) |  |  |  |  |  |  |
| **3. Performs routine care provided for a postpartum woman:** |  |  |  |  |  |  |
| 1. Provides breast care. |  |  |  |  |  |  |
| 1. Provides perineal or episiotomy care (if applicable). |  |  |  |  |  |  |
| **4. Implement Health Education Programs properly** |  |  |  |  |  |  |
| 1. Able to assess health needs for the woman and her family |  |  |  |  |  |  |
| 1. Plans health education program using appropriate references |  |  |  |  |  |  |
| 1. Demonstrates breadth of reading and depth of understanding of the topic |  |  |  |  |  |  |
| 1. Paces health education session appropriately |  |  |  |  |  |  |
| 1. Offers a well-prepared material/content |  |  |  |  |  |  |
| 1. Speaks audibly and clearly |  |  |  |  |  |  |
| 1. Encourages and involves audience |  |  |  |  |  |  |
| 1. Summarizes main points at end of presentation/discussion |  |  |  |  |  |  |
| 1. Solicits and responds constructively to audience opinions |  |  |  |  |  |  |
| 1. Utilizes appropriate audiovisual material and teaching strategies. |  |  |  |  |  |  |
| 1. Evaluate health education program |  |  |  |  |  |  |
| **5.Documentation** |  |  |  |  |  |  |
| 1. Documents findings appropriately |  |  |  |  |  |  |