



**The University of Jordan**

**Accreditation & Quality Assurance Center**

**Course Number:**

0702102

**Course Name: Founation of Growth and Development**

**Course Syllabus**

**SCHOOL OF NURSING**

**Course Syllabus**

**DEPARTMENT: ----------------------------------------------------------**

**[sEMESTER ACADEMIC YEARi]**

**-------------------------------------------------**

**The Mission of THE University OF JORDAN**

The mission of The University of Jordan is toapply and promote the concepts of quality assurance efficiently and effectively, to control performance and evolve administrative procedures in order to develop distinctive educational, administrative and research system through applying modern quality assurance methodologies that achieve the mission of The University of Jordan and its objectives.

**The vision of the SCHOOL of Nursing**

To be a leading, global school in the areas of nursing education, research, and community service.

**The Mission of the SCHOOL of Nursing**

The School of Nursing dedicates itself to improve health and wellbeing of society through preparing professional nurses to provide quality nursing care, conduct research and provide community service. The school provides a model learning environment that encourages life-long learning, innovation, and professional and personal development.

**SCHOOL of nursing’s Core values**

Our values are derived from the Islamic Arabic heritage and the nursing profession which include: ***integrity, equality, and justice; transparency and accountability; innovation and excellence; leadership and teamwork; discipline; response; and most importantly caring***.

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| **1** | Course title | Foundation of Growth and Development |  |
| **2** | Course number | 0702102 |  |
| **3** | Credit hours (theory, practical) | 3 credit hours (Theory) |  |
| Contact hours (theory, practical) | 3 credit hours (Theory) |  |
| **4.** | Class room: | Section1: School of Nursing Room 3  Section2: School of Nursing Room 4  Section 3: School of Rehabilitation Room106  Section 4: School of Nursing, Room 4 |  |
| **4** | Prerequisites/co-requisites | Non |  |
| **5** | Program title | B.Sc. in Nursing |  |
| **6** | Program code | ----- |  |
| **7** | Awarding institution | The University of Jordan |  |
| **8** | School | School of Nursing |  |
| **9** | Department | Maternal and Child Health Nursing |  |
| **10** | Level of course | Second Course |  |
| **11** | Year of study and semester(s) | First Semester 2016-17 |  |
| **12** | Final Qualification | B.Sc. in Nursing |  |
| **13** | Other department(s) involved in teaching the course | -------- |  |
| **14** | Language of Instruction | English |  |
| **15** | Date of production/revision | 20/9/2017 |  |

16. Course Coordinator

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| Name: Omayah Nassar Ph.D. RN. CPT  Office number: 305  Office hours: 12-1 Tuesday  1-2 Thursday  1-3 Monday, Wednesday or by appointment  Phone numbers:+ 962 6 5355000 - Ext: 23164  Email address: O.nassar@ju.edu.jo |

17. Other instructors:

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| Name: Name: Alia mahadeen RN, PhD,CPT  Office number 131  Office Hours: 11-12 Monday, 10-11 Wednesday, 10-11 Thursday  Phone number : 962- 6 – 5355000/Ext: 23177  Email address: Email addresses : a.mahadeen @ju.edu.jo  Faculty Member: Suhila Halasah, Ph.D. RN,CPT  Office Hours: Sunday, Tuesday, Thursday 2-3 .  Phone number 962- 6 – 5355000/Ext: 23109  Email: Suha\_Dana@yahoo.com |

**18. Course Description:**

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| *As stated in the approved study plan.*  This course is designed to introduce the student to the main concepts that are related to growth and development of human throughout the life span. It focuses on the biological, psychosocial, cognitive, moral and spiritual characteristics of each developmental stage. The course will introduce the student to the strategies that can be used to help the individuals of specific developments period to attain optimal health. The framework of the course will be based on the concept of health maintenance and promotion. |

**19. Course aims and outcomes:**

**A- Aims:**

**The aim of the course is to provide students with essential knowledge related to the growth and development of human throughout the life span based on the concepts of health maintenance and promotion.**

**B- Intended Learning Outcomes (ILOs): Upon successful completion of this course students will be able to…**

**B- Intended Learning Outcomes (ILOs):** Upon successful completion of this course, students will be able to…

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| Intended Learning Outcomes (ILO) | |
| ILO 1: Demonstrate competency in performing and providing the role of a professional nurse in quality care provision for individuals, families, and groups. | |
| Specific Course Objectives | 1. Define the major concepts that relates to growth and development 2. Identify the stages of growth and development. 3. Outline factors that influence growth and Development. 4. Discuss the theories that are related to growth and development |
| Relevant Competency (JNC) | Safety, Quality improvement**,** Professional communication, collaboration and consultation. |
| Evaluation Methods | Multiple choice and essay questions, group discussion, Witten assignment |
| ILO 2: Apply principles of effective communication with peers, individuals, families, groups, and health care team. | |
| Specific Course Objectives | 1. Integrate relevant knowledge of growth and development when providing care to children, adults, and families across the life span. |
| Relevant Competency (JNC) | Ethical and accountable practice, Professional communication, collaboration and consultation |
| Evaluation Methods | Multiple choice and essay questions, group discussion, Witten assignment |
| ILO 3: Utilize critical thinking and problem solving in planning and implementing nursing care for individuals, families, and groups. | |
| Specific Course Objectives | 1. Integrate theories of development to each developmental stage   2. Apply developmental assessment for individual in each developmental stage |
| Relevant Competency (JNC) | Quality improvement, Evidence-based practice, safety. |
| Evaluation Methods | Multiple choice and essay questions, group discussion, Witten assignment |
| ILO 4: Apply professional standards, values, and behaviours in providing nursing care for individuals, families, and groups. | |
| Specific Course Objectives | 1. Discuss the biological, psychosocial, cognitive, & spiritual characteristics for each development stage 2. Determine the major concerns that face individuals in each developmental stage. 3. Explain the role of inherent and environmental factors in the growth and development of an individual. 4. Summarize the main health problems that are associated with young and middle age adult their families. |
| Relevant Competency (JNC) | Professional communication, collaboration and consultation. , Ethical and accountable practice. |
| Evaluation Methods | Multiple choice and essay questions, group discussion, Witten assignment |
| ILO 5: Demonstrate safety measures to protect self, individuals, families, and groups. | |
| Specific Course Objectives | 1. Plan essential health promotion and protection strategies to meet the needs of an individual in different developmental stages  2. Elaborate health promotion strategies, and preventive measures throughout life span like prevention of injuries and accidents |
| Relevant Competency (JNC) | Safety, Ethical and accountable practice, and quality improvement. |
| Evaluation Methods | Multiple choice and essay questions, group discussion, Witten assignment |
| ILO 6: Translate organizational, leadership, interprofessional collaboration, and management concepts into nursing care for individuals, families, and groups. | |
| Specific Course Objectives | 1. Integrate theories of development to each developmental stage  2. Plan essential health promotion and protection strategies to meet the needs of an individual in different developmental stages |
| Relevant Competency (JNC) | Professional communication, collaboration and consultation, quality improvement, Ethical and accountable practice. |
| Evaluation Methods | Multiple choice and essay questions, group discussion, Witten assignment |
| ILO 7: Utilize evidence based practice in providing care for individuals, families, and groups. | |
| Specific Course Objectives | 1. Review the most recent evidence based studies related health promotion and concerns of each developmental stage |
| Relevant Competency (JNC) | Evidence based practice, Ethical and accountable practice, safety |
| Evaluation Methods | Multiple choice and essay questions, group discussion, Witten assignment |

20. Topic Outline and Schedule:

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| |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | Topic | Week | | Instructor | Achieved ILOs | | | Evaluation Methods for ILOs | | Reference  Reading and Activities | | Review: Syllabus and course orientation.  Foundations of Growth and development. | | | **Weeks 1,2**  **17/9-21/9**  **24/9-28/9** | Course Instructors | ILO1,2,3,6 | | | Due Date  Med term exam  15/11/2017 | | Ref. 1, Chapter 5  Ref. 2, Chapter 20 | | **Theoretic foundation of personality development:**  Psychosocial theories (Erikson Cognitive theory (Piaget  Moral theory (Kohlberg  -Spiritual theory (Fowler)  Developmental task theory (Havighurst)  -Role of play in development | | | **Weeks 3,4,5**  **1/10-5/10**  **8/10-12/10**  **15/10-19/10** | Course Instructors |  | | | Med term exam | |  | | **Health Promotion of the infant and Family:**   1. growth and development of infant 2. B. Coping with concerns related to normal growth & Development 3. promoting optimum health during infancy | | | **Week 6 ,7:**  **22/10/-26/10**  **29/10-2/11** | Course Instructors | ILO 1,2,3,6 | | | Med term exam | | Ref. 1, Chapter 10  Ref. 2, Chapter 21 | | **Midterms Exam**  **Wednesday 15/11/2017** | | | | | | | | | | | | **Health Promotion of the Toddler and Family:**   1. growth and development of toddler 2. Coping with concerns related to normal growth & Development 3. promoting optimum health of toddler | | | **Week 8, 9:**  **5/11-9/11**  **12/11-16/11** | Course  Instructors | | ILO 1,2, 3,6 | | | Quiz  Growth and development assignment | Ref. 1  Chapter 12  Ref .2  Chapte21 | | **Health Promotion of the Preschooler and Family:**   1. growth and development 2. Coping with concerns related to normal growth & Development 3. promoting optimum health of preschooler | | | **Week , 10,11:**  **19/11-23/11**  **26/11-30/11** | Course  Instructors | | ILO 1,2, 4,5,7 | Final exam  Growth and development assignment | | | Ref. 1  Chapter 13  Ref .2  Chapte21 | | **Health Promotion of the School-Age Child and Family:**   1. growth and development 2. Coping with concerns related to normal growth & Development 3. promoting optimum health during the school age years | | | Week 11,12:  **26/11-30/11**  **3/12-7/12** | Course  Instructors | | ILO 1,2, 4,5,7 | | Final exam  Growth and development assignment | | Ref. 1, Chapter 15  Ref .2  Chapter 21 | | **Health Promotion of the Adolescent and Family:**   1. growth and development 2. promoting optimum health during adolescence | | | Week 12, 13  **3/12-7/12**  **10/12-14/12** | Course Instructors | | 1, 2,3,4,5,,7 | | Final exam  Growth and development assignment | | Ref. 1, Chapter 16.  Ref .2  Chapter 21 | | **Promoting health in young and Middle aged- adults** | | | Week 14,15  **17/12-21/12**  **24/12-28/12** | Course Instructors | | ILO 1,2, 4,5,7 | | Final exam | | Ref. 2  Chapter 22,23 | |

21. Teaching Methods and Assignments:

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| Development of ILOs is promoted through the following teaching and learning methods: (Choose from table below) |

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| **Teaching Methodologies:**  The following approaches that are guided by *Adult Learning Theory* will be used to achieve course and clinical objectives related to the ILOs: | |
| **Instructional Methods** | **Learning Activities (Examples)** |
| * Direct Instruction | * Structured orientation lectures * Skills and procedures demonstrations |
| * Indirect Instruction | * Evidence-based articles * Literature searches and reviews |
| * Interactive Instruction | * Clinical conferences and case presentations * E-learning using Moodle |
| * Experiential Learning | * Experiential learning in clinical setting * Simulation |
| * Independent Study | * Self-directed literature review and synthesis to address problems in a specific case study * Reflective Journaling |

22. Evaluation Methods and Course Requirements:

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| Opportunities to demonstrate achievement of the ILOs are provided through the following assessment methods and requirements:  Interactive lectures.  Reflective discussions  Audiovisual materials  Assignment |

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| **Teaching Methodologies:**  The following approaches that are guided by *Adult Learning Theory* will be used to achieve course and clinical objectives related to the ILOs: | |
| **Instructional Methods** | **Learning Activities (Examples)** |
| * Direct Instruction | * Structured orientation lectures * Skills and procedures demonstrations |
| * Indirect Instruction | * Evidence-based articles * Literature searches and reviews |
| * Interactive Instruction | * Clinical conferences and case presentations * E-learning using Moodle |
| * Experiential Learning | * Experiential learning in real setting ( Visit to UJ kindergarten) * Simulation |
| * Independent Study | * Self-directed literature review and synthesis to address problems in a specific case study * Reflective Journaling |

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| **Evaluation Methods** | |
| **Exams** | **Assigned Points** |
| **First Exam: - Midterm Exam**  **MCQ Exam Essay Questions 30%** | 30% |
| **- Quiz MCQ and Essay Questions** | 15% |
| * **Quiz (Due Date)** * **Assignment: (Due Date) Applications on growth and development**   **The student efficiently applies the characteristics of growth and development of the selected age Rubric**: (refer back to appendix #--- Appendix 1  Appendix 2)  **Objective: this assignment will be enable the student to:**  Assess the developmental characteristics according to children developmental stages | 15% |
| **Final Exam: (Semester week according to the university regulations)** | 40% |
| **Total** | **100%** |

23. Course Policies:

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| A- Attendance policies:   * Students must attend all classes of this course. * Any student with absence of 15% of the classes of any course, will not be allowed to sit for the final exam and will be given the university zero (F grade) in this course. * In the case (b) above, if a student submits an official sick report authenticated by university clinic or an accepted excuse by the Dean of his/her faculty, the student will be considered as withdrawn from the course, and a "W" will be shown in the transcript for this course. * Students are not allowed to come late to classes. Any student coming late will not be allowed to attend the class and he/she will be marked absent.   B- Absences from exams and handing in assignments on time:   * Failure in attending a course exam other than the final exam will result in zero mark unless the student provides an official acceptable excuse to the instructor who approves a make up exam. * Failure in attending the final exam will result in zero mark unless the student presents an official acceptable excuse to the Dean of his/her faculty who approves an incomplete exam, normally scheduled to be conducted during the first two weeks of the successive semester. * Assignments and projects should be submitted to the instructor on the due date.   C- Health and safetyprocedures:  Students should comply with the Faculty of Nursing policies regarding pre-hospital training immunizations. Students should comply with the training areas policies regarding infection control, general precautions, and patient isolation.  **D-** Honesty policy regarding cheating, plagiarism, misbehavior:  Cheating, plagiarism, misbehaviour are attempts to gain marks dishonestly and includes; but not limited to:   * Copying from another student’s work. * Using materials not authorized by the institute. * Collaborating with another student during a test, without permission. * Knowingly using, buying, selling, or stealing the contents of a test. * Plagiarism which means presenting another person’s work or ideas as one’s own, without attribution.   Using any media (including mobiles) during the exam   * **The participation or the commitment of cheating will lead to applying penalties according to the University of Jordan Students’ Discipline rules and regulations No. (94, 49, 47,27, 29):** [**http://units.ju.edu.jo/ar/LegalAffairs/Regulations.aspx**](http://units.ju.edu.jo/ar/LegalAffairs/Regulations.aspx)   **E- Examination Instructions for Students**   * Bring with you full exam requirements (blue pen, pencils, sharpener, eraser, calculator etc.), borrowing from others is not allowed. * Do not bring any material related to the exam * Do not bring your mobile phone to the Exam room * Be in the exam room at least 10 minutes before exam starting time * It’s not allowed to enter the exam room late. In case of coming late you have to contact the course coordinator immediately * It’s not allowed to leave the Exam room before the end of the END OF AT LEAST ONE-THIRD OF THE EXAM TIME. * Write your name and university number on the exam paper and computerized sheet using **Blue** pen only. * Use pencil **ONLY** to shade your answers on the computerized answer sheet. * Do not leave examination room except under exceptional circumstances at the discretion of the Senior Invigilator and you should be accompanied by an invigilator, if needed. * For Re-exam issue refer back to the university rules.   **F- Grading policy:**  A grade of (D) is the minimum passing grade for the course.   |  |  | | --- | --- | | **Mark Range** | **Grade** | | 0-34 | F | | 35-46 | D- | | 47-49 | D | | 50-52 | D+ | | 53-56 | C- | | 57-60 | C | | 61-64 | C+ | | 65-69 | B- | | 70-74 | B | | 75-79 | B+ | | 80-83 | A- | | 84-100 | A |   **G- Available university services that support achievement in the course:** |

24. Required equipment:

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**25. References:**

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| 1. Required book (s), assigned reading and audio-visuals:   A- Required book (s), assigned reading and audio-visuals:  Hockenberry, M. J., Wilson, D., & Rodgers, C. C. (2017). *Wong's Essentials of Paediatric Nursing*. (10th ed). Elsevier Health Sciences.  Kozier, B. J., Glenora Erb BScN, R. N., Berman, A. T., Snyder, S., Madeleine Buck, R. N., & Lucia Yiu, R. N. (2013). *Fundamentals of Canadian nursing: Concepts, process, and practice*. Pearson Education Canada.    B- Recommended books, materials, and media:  Sigelman, C., & Rider, E. (2016). *Life-Span Human Development*. (8Th ed). Cengage     1. Recommended books, materials, and media: 2. **Electronic resources**   **Relevant Website and Journals**   * **Database** * **Website** |

26. Additional information:

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| **Appendix #1**  **School of Nursing**  **Maternal and Child Health Nursing Department**  **Foundation of Growth and Development**  **Second Semester 2016/2017**  **Child Growth and Development Assessment**  **Student Name:**  **Instructor Name**:  Key:  100% (4) = Always perform the task professionally and skillfully.  75% (3) = Usually perform the task professionally and skillfully.  50% (2) = Occasionally perform the task professionally and skillfully.  25% (1) = Perform the task unprofessionally and unskillfully.  zero% (0) = Do not perform the task.   |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | | Items | 0 | 1 | 2 | 3 | 4 | Mark | Student Mark | | Select an individual to be observed /interviewed.   1. Format (APA): (not exceed 5 pages,12 regular font Times new roman, and Double space |  |  |  |  |  | 1 |  | | 1. State the developmental stage |  |  |  |  |  | 1 |  | | 1. State physical, psychosocial, cognitive, moral and spiritual characteristics of the developmental stage of the child. |  |  |  |  |  | 4 |  | | 1. Refer to developmental stage of the selected child based on developmental theories. |  |  |  |  |  | 1 |  | | 1. Organized, clear language, & correct spelling |  |  |  |  |  | 1 |  | | 1. Students opinion ( include any concern or problem) of the selected child |  |  |  |  |  | 1 |  | | 1. References |  |  |  |  |  | 1 |  | | Total score |  |  |  |  |  | 10 |  |     **Note**  **The student will lose 0.5 mark from the total score of the paper for each day of delay.**  **Appendix #2**  **School of Nursing**  **Maternal and Child Health Nursing Department**  **Foundation of Growth and Development**  **Second Semester 2016/2017**  **Child Growth and Development Assessment**  **Student Name: Instructor Name:**  **Child Age:**  **Developmental Stage:**   |  |  |  | | --- | --- | --- | | **Growth and Development (G& D) Parameter** | **Expected G&D Characteristics** | **Actual G&D Characteristics** | | **Physical** |  |  | | **Gross motor** |  |  | | **Fine motor** |  |  | | **Cognitive (vocalization and language)** |  |  | | **Psychosocial** |  |  | | **Spiritual** |  |  | | **Moral** |  |  |   **Student Opinion (any concern or problem)**  **References (APA style)** |

Name of Course Coordinator: -------------------Signature: ------------------------- Date: ------------------------- Head of curriculum committee/Department: ------------------------- Signature: ---------------------------------

Head of Department: ------------------------- Signature: ---------------------------------

Head of curriculum committee/Faculty: ------------------------- Signature: ---------------------------------

Dean: ------------------------------------------- -Signature: ---------------------------------

Copy to:

Head of Department

Assistant Dean for Quality Assurance

Course File