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Research experience

Associate professor 2021-now

- Write research proposals for funding.
- Run quantitative and qualitative research.
- Write manuscripts for publication.
- Peer reviewer in scientific journals.
- Internal and external examiner in master thesis defence

Assistant professor 2011-2020

- Same as above

PhD research 2007-2011

- Sensorimotor and reaction time deficits in patients with chronic tennis elbow

MSc research 2006

- Balance in single leg standing after ankle cold immersion

Teaching and training experience

Associate professor 2021-now

University of Jordan

- Lead theoretical lectures and practical sessions.
- Design course packages and review the curriculum.
- Supervise undergraduate and postgraduate students in their clinical training.
- Undertake written and oral practical assessment for BSc/MSc physiotherapy students
- Prepare Quality assurance and accreditation documents
- Design and deliver training courses for academic staff.
 - Ethics updates in research conduct ((For academic staff at university) 2022
 - Project- based learning workshop (For academic staff at university) 2017
 - Evidence based practice workshop (For physiotherapists) 2016
- Supervise and examine MSc students in thesis track.

Assistant professor 2011-2020

University of Jordan

Associate lecturer (casual basis) 2006-2011

Sheffield Hallam University/ UK

Teaching Assistant 2004-2005

University of Jordan

Administration experience

Membership in committees (at the level of department, school and university) **2011-now**

- Committee for postgraduate studies
- Committee for conferences and seminars
- Committee for Tobacco control
- Committee for clinics activation
- Committee for enhancing employability skills
- Committee for environment affairs
- Committee for students advisory
- Investigation committees

Head of physiotherapy department/ University of Jordan **2012-2014**

- Responsible for managing academic and administrative staff.
- Responsible for department budget.
- Responsible for students' registration.
- Interview candidates applying for scholarships.
- Hold regular meetings.
- Develop networking with other universities.

Education

PhD Physiotherapy Sheffield Hallam University/ UK	2011
MSc. Applied Physiotherapy Sheffield Hallam University/ UK	2006
BSc. Physiotherapy University of Jordan/ Jordan	2004

Research interest

Physiotherapy education

Physical activity assessment and intervention

Ethics in rehabilitation

Health awareness of smoking and physical inactivity

Funded projects

- Teaching clinical reasoning for physiotherapy students using the International Classification for Health and Disability (ICF) as a framework. Funded by the Scientific Deanship. PI. Dr. Dania Qutishat.
- Prevalence and contributing factors to falls and injurious falls among community-dwelling older adults living in Jordan. Funded by the Scientific Deanship. PI: Dr. Jennifer Muheidat.

Ongoing research

- Perceptions on physiotherapy clinical education: A Jordanian experience.
- Gait related dual tasking changes in adults with low vision. In collaboration with the German Jordanian University.
- Perception of physiotherapy students toward exercise and the effectiveness of an exercise program on their physical fitness.

Taught courses

- **BSc Physiotherapy program** (Therapeutic Exercise I &II/ Clinical musculoskeletal physiotherapy/ Principles and ethics of rehabilitation/ Management and Leadership in rehabilitation/ Biomechanics/ Test and measurements)
- **MSc Athletic Therapy program** (Management and leadership in athletic training/ Clinical training/ Injury Prevention)

Relevant skills and courses

- Responsible conduct of research Fellow (2019). University of San Diego and Jordan University of Science and Technology.
- Tobacco treatment specialist (2014) - KHCC.
- Associate lecturer workshops (2010) - Extensive course into teaching skills, lecturing and assessment methods. 6 weeks course; Sheffield Hallam University / UK.
- UK GRAD School, Nottingham / UK (2007) - a 4 day residential course developing, communication, team working, leadership, commercial awareness and problem solving.

Initiatives

- **Moving for Health** **2019**
Raise awareness about physical activity. It involves fitness assessment and providing a variety of exercises and sport related skills to the students and staff at JU.
- **Breathe easy campaign.** **2014/ 2019**
Launch a campaign as part of the anti smoking committee activities, aims to run series of activities across JU.
- **Smoke free school.** **2014**
Announce the school of rehabilitation sciences as a smoke free zone. The announcement was declared during an open day and cooperation with KHCC and Tobacco free Jordan.
- **Smoke free certificate** **2016**
Awarded by the King Hussain Cancer Centre to the School of Rehabilitation Sciences/JU.
- **A green School** **2017**
Run awareness activities to promote protection of the environment through waste sorting and recycling.

Voluntary work and community service

- Member in the Tobacco free Jordan society.
- Offer help for students who are planning to quit smoking by advice and motivational interviewing.
- Run community based projects with students to promote physical activity and exercise.
- Speaker in different community events held by schools or NGOs.

Professional membership

- Member of the Jordanian Physiotherapy Society.
- Member of World Physiotherapy
- Member of the Alliance of Jordanian universities for tobacco control.
- Member of International society for Physical Activity and Health (ISPAH)

Publications

- **Qutishat, D** and Mohammad, M. (2022). Physiotherapy Education During COVID-19: A Jordanian Experience. In S. Chakravarti, & B. Boukareva (Eds.). Cases on Global Innovative Practices for Reforming Education. IGI Global. <http://doi:10.4018/978-1-7998-8310-4>
- Aldughmi, M., **Qutaishat, D.** & Karasneh, R. (2021). Knowledge and Perceptions of Honorary Authorship among Health Care Researchers: Online Cross-sectional Survey Data from the Middle East. *Science and Engineering Ethics* 27, 39. <https://doi.org/10.1007/s11948-021-00317-6>
- **Dania Qutishat**, Emad Al-Yahya, Maha T. Mohammad, Jennifer Muhaidat, Lara Al-Khlaifat and Rasha Okasheh. (2020). The application of the International Classification of Functioning, Disability and Health as a framework in clinical reasoning; Educators' and graduates' perspectives: A qualitative study. *Physical Therapy Reviews*. DOI: 10.1080/10833196.2020.1840271
- Lara Al-Khlaifat, Rasha Okasheh, Jennifer Muhaidat, Ziad M Hawamdeh, **Dania Qutishat**, Emad Al-Yahya, Jihad M Al-Ajlouni & Maha T. Mohammad (2020) Perceptions and performance of exercise in people with knee osteoarthritis in the Middle East: are they different to countries in the developed world? A qualitative study in Jordan, *Physiotherapy Theory and Practice*. DOI: 10.1080/09593985.2020.1728793
- Jennifer Muhaidat, Emad Al-Yahya, Maha T. Mohammad, **Dania Qutishat**, Rasha Okasheh, Lara Al-Khlaifat, Sophie Lawrie, Patrick Esser & Helen Dawes (2020) Dual-tasking in older women: physical activity or else?, *Journal of Women & Aging*. DOI: 10.1080/08952841.2020.1819177
- Lara Al-Khlaifat, Rasha Okasheh, Jennifer Muhaidat, Ziad M. Hawamdeh, **Dania Qutishat**, Emad Al-yahya, Jihad M. Al-ajlouni, Maha T. Mohammad, (2020) Knowledge of Knee Osteoarthritis and Its Impact on Health in the Middle East: Are They Different to Countries in the Developed World? A Qualitative Study, *Rehabilitation Research and Practice*, vol. 2020, ArticleID 9829825, 9 pages, <https://doi.org/10.1155/2020/9829825>.
- **Dania Qutishat**, Jennifer Muhaidat, Maha Mohammad, Rasha Okasheh, Lara Al-Khlaifat & Emad Al-Yahya. (2019). Exploring attitudes of physiotherapy students towards a community-based project used as a learning tool. *Physiotherapy Theory and Practice*. DOI: 10.1080/09593985.2019.1619209
- Emad Al-Yahya, Maha T. Mohammad, Jennifer Muhaidat, Saddam Al Demour, **Dania Qutishat**, Lara Al-Khlaifat, Rasha Okasheh, Sophie Lawrie, Patrick Esser, and Helen Dawes. (2019). Functional Balance and Gait Characteristics in Men With Lower Urinary Tract Symptoms Secondary to Benign Prostatic Hyperplasia. *American Journal of Men's Health*. 1-10. <https://doi.org/10.1177/1557988319839879>
- Maha T. Mohammad , Jennifer Muhaidat ,Munther S. Momani, Lara Al-Khlaifat, Rasha Okasheh, **Dania Qutishat**, and Emad Al-Yahya (2019). Translation and Psychometric Properties of the Arabic Version of Michigan Neuropathy Screening Instrument in Type 2 Diabetes. *Journal of Diabetes Research*. 1-5. <https://doi.org/10.1155/2019/2673105>
- Rasha Okasheh , Emad Al-Yahya, Lara Al-Khlaifat, Nihad Almasri, Jennifer Muhaidat , and **Dania Qutishat**. Advancing Cardiorespiratory Physiotherapy Practice in a Developing Country: Surveying and Benchmarking. (2019). *Rehabilitation Research and Practice*.1-5. <https://doi.org/10.1155/2019/7682952>
- Peter Allmark, Angela M. Tod, Ann McDonnell, Khamis Al-Alawy, Kaye Mann, Emma Hollis, **Dania Qutishat**, Marcus Williamson and Alison Iliff. (2012). Evaluation of the impact of a smoke-free home initiative in Rotherham, a deprived district in Northern England. *European Journal of Public Health*. 22 (2Pp) 248-251. <https://doi.org/10.1093/eurpub/ckr072>
- Payne, K., De Normanville, C., Stansfield, K., Barnett, N., Machaczek, K., **Qutishat, D.**, Okasheh, R., Ion, V., Wicks, H. and Smewing, C., (2010). Prevention and lifestyle behaviour change: a competence framework. *Prevention and Lifestyle Behaviour Change A Competence Framework*. <http://shura.shu.ac.uk/id/eprint/4474>