

# BONE TUMOURS

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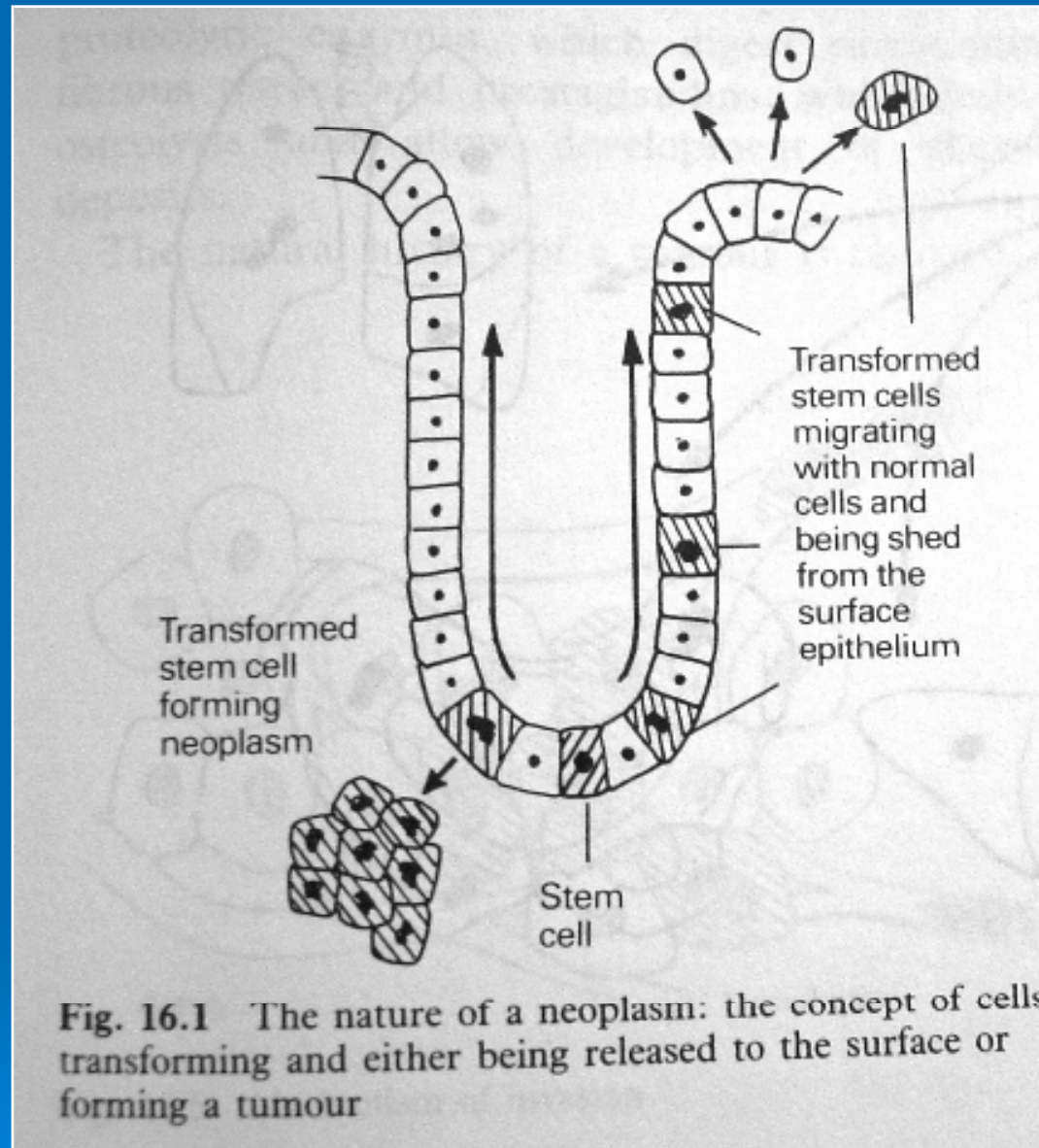
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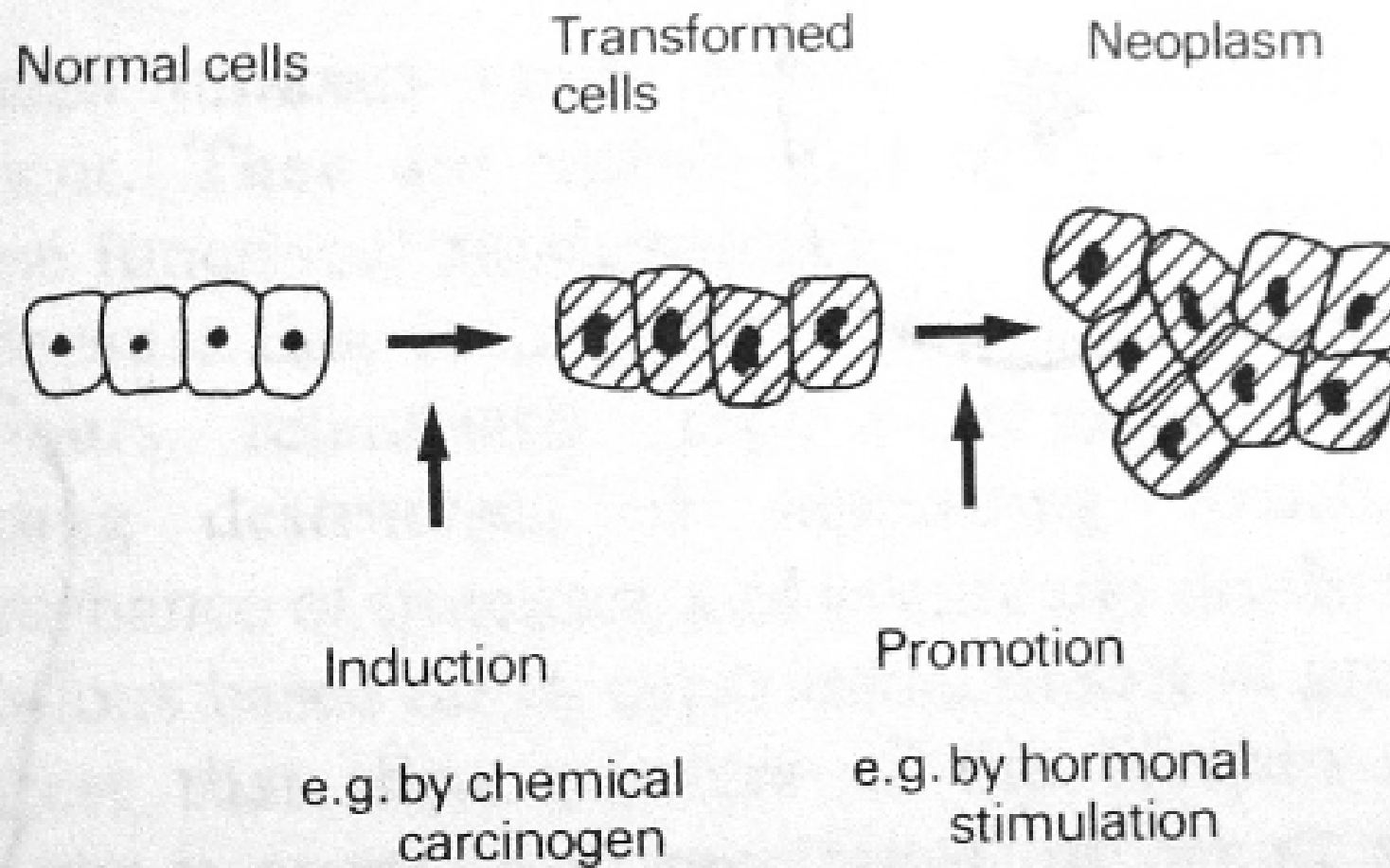
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# **Tumour (neoplasm):**

**A mass of cells which proliferate  
in an atypical and relentless way  
and serve no useful function**





**Fig. 16.2** Induction and promotion of tumour growth

<b>Origin</b>	<b>B</b>	<b>M</b>
<b>=Bone</b>	<b>O.osteoma</b>	<b>O.sarcoma</b>
<b>=Cartilage</b>	<b>*O.chondroma</b> <b>*Chondroma</b> <b>*Ch.blastoma</b>	<b>Ch.sarcoma</b>
<b>=Marrow</b>		<b>Ewing's Myeloma</b>
<b>=Notochord</b>		<b>Chordoma</b>

<b>Origin</b>	<b>B</b>	<b>M</b>
=Tumour like	<b>Cysts , E.G F.dysplasia</b>	-
-Carcinoma		<b>Metastatic</b>
=Others	<b>Adaman-- GCT</b>	

<b>Benign</b>	<b>Malignant</b>
<b>-Remain local</b>	<b>-Metastasis</b>
<b>=Well defined edge</b>	<b>=ill defined edge</b>
<b>=Local resection</b>	<b>=Wide resection</b>
<b>=Non fatal</b>	<b>=Fatal</b>

# **Malignant Bone Tumours**

- = 0.5% of all primary tumours.**
- = In the second decade of life**
- = Common in males than in females.**
- = The most common malignant B.T are secondary metastasis**



# Clinical Presentation

=Asymptomatic

=Pain

=Swelling

=History of trauma

=Neurological symptoms

=Pathological fracture

# Investigations in Bone Tumours

1-CBC ,ESR,Blood film

2-Calcium, Phosphorus, Alk ph

3-LDH

4-PSA, Acid phosphatase

5-Bone marrow

6-PTH

7-Protein electrophoresis

- = Plain radiograph
- = CT Scan bone and Chest
- = Bone scan
- = MRI
- MRA

# Biopsy

**Osteoporosis**  
+  
**Patient 45-60 y old**  
+  
**high ESR**  
=  
**Multiple myeloma**

# Plain radiograph

## Benign tumour

A radiolucency surrounded by a smooth radiodense edges.

A moth-eaten or permeative appearance is evidence that the tumour is malignant.

# **Ask your self !!!!!**

**1= Solitary or multiple lesions?**

**2= What type of bone is involved?**

**3= Which part of the bone is involved?**

**4= Are the margins of the lesion well defined?**

**5= Is there periosteal bony reaction?**

**6= Does the lesion contain calcification?**

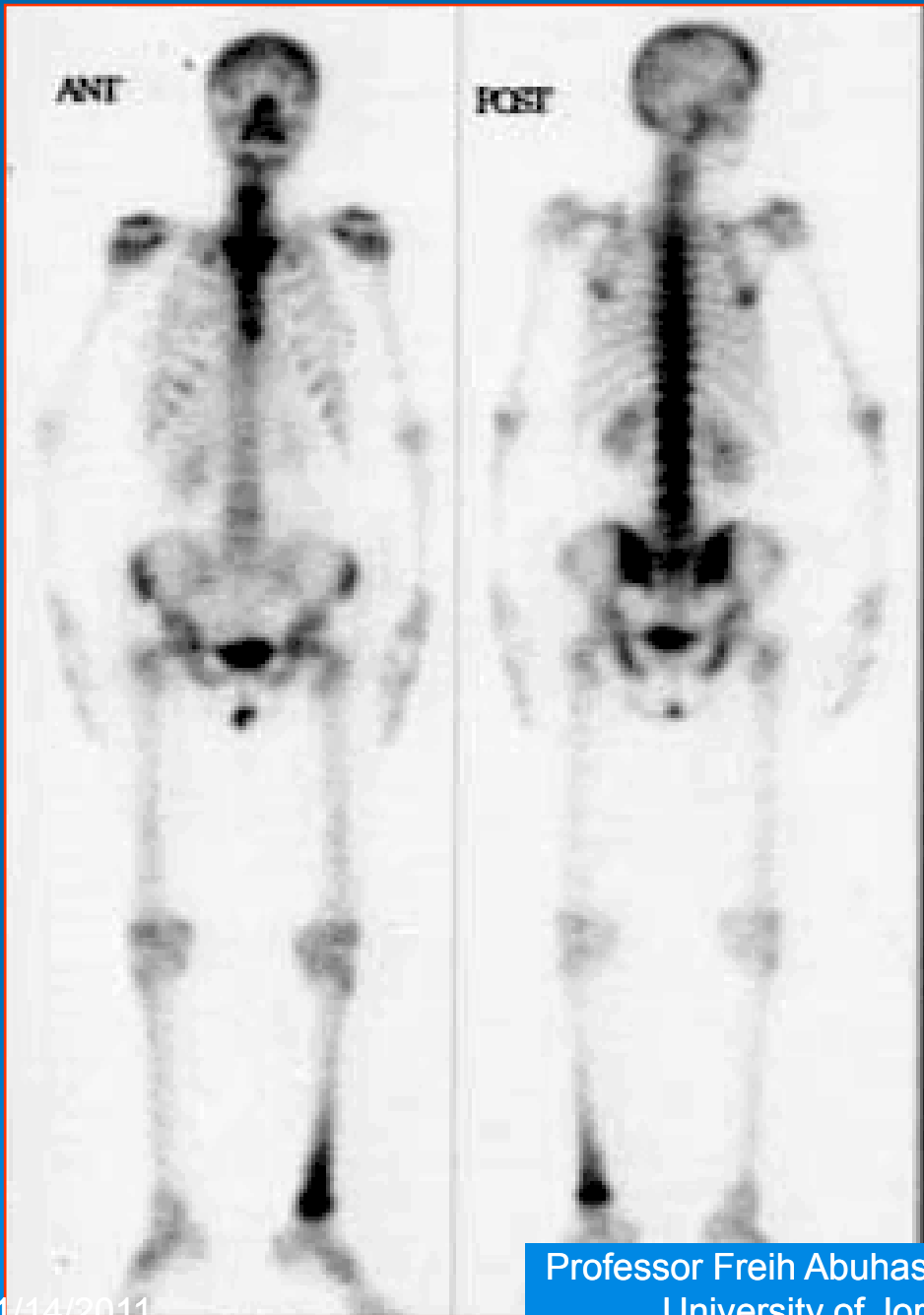
## **Radionucleotide scanning .**

**Bisphosphonates labeled with isotopes are used which are taken up at the site of increased blood flow and increased bone formation.**

## **CAT scans and MRI scans**

**Help delineate the extent of the tumour helping the surgeon plan the surgical approach.**





# Differential Diagnosis

- 1- Osteomyelitis
- 2- Stress fracture
- 3- Post traumatic swelling such as callus or Myositis ossificans
- 4- Hyperparathyroidism
- 5- Benign tumours

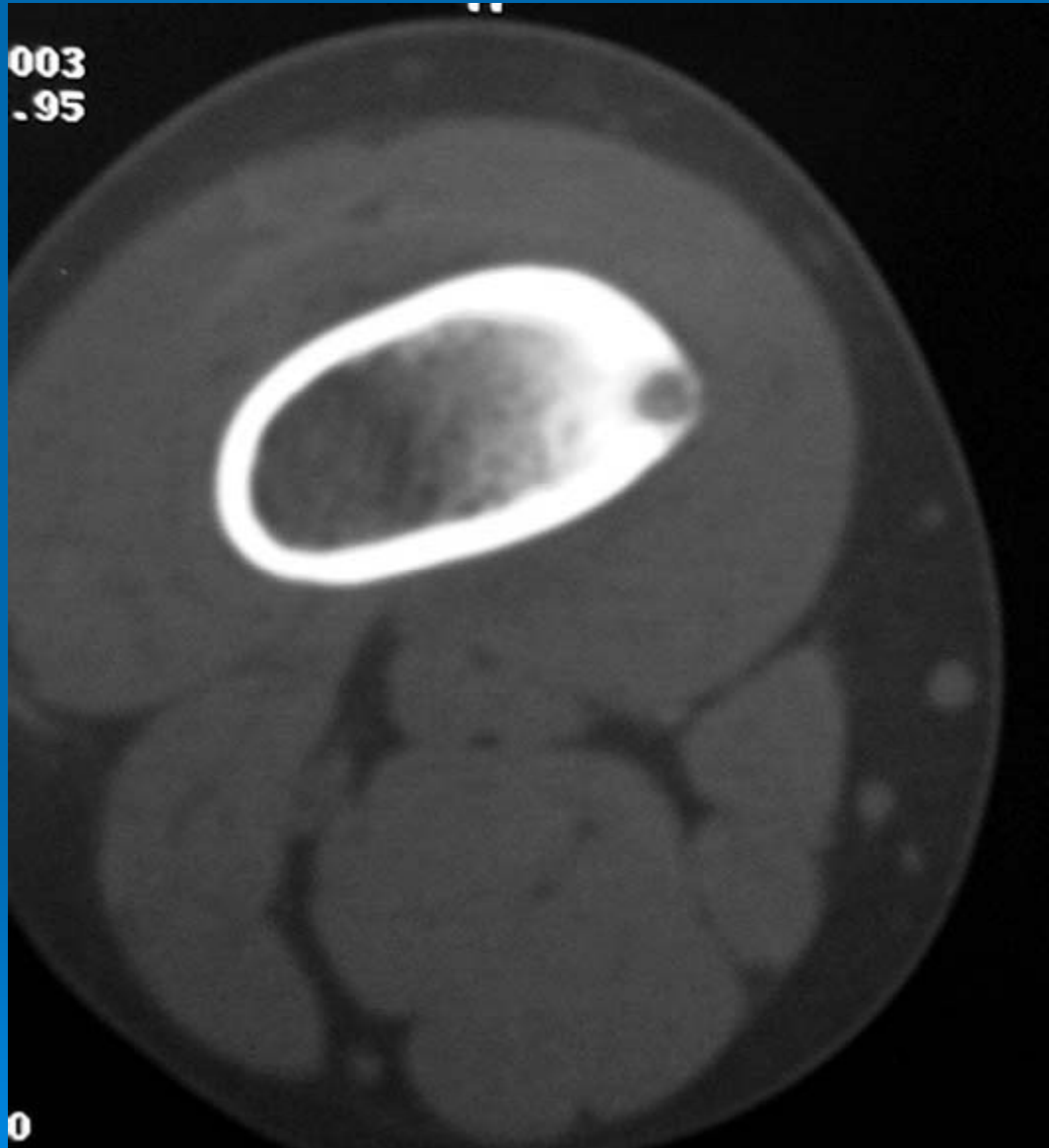
# Osteoid Osteoma

= <1.5 cm

=occurring in the femur or tibia.

=It is composed of a central nidus of bone forming tissue surrounded by a zone of boney sclerosis.

=It characteristically causes marked pain relieved by aspirin.



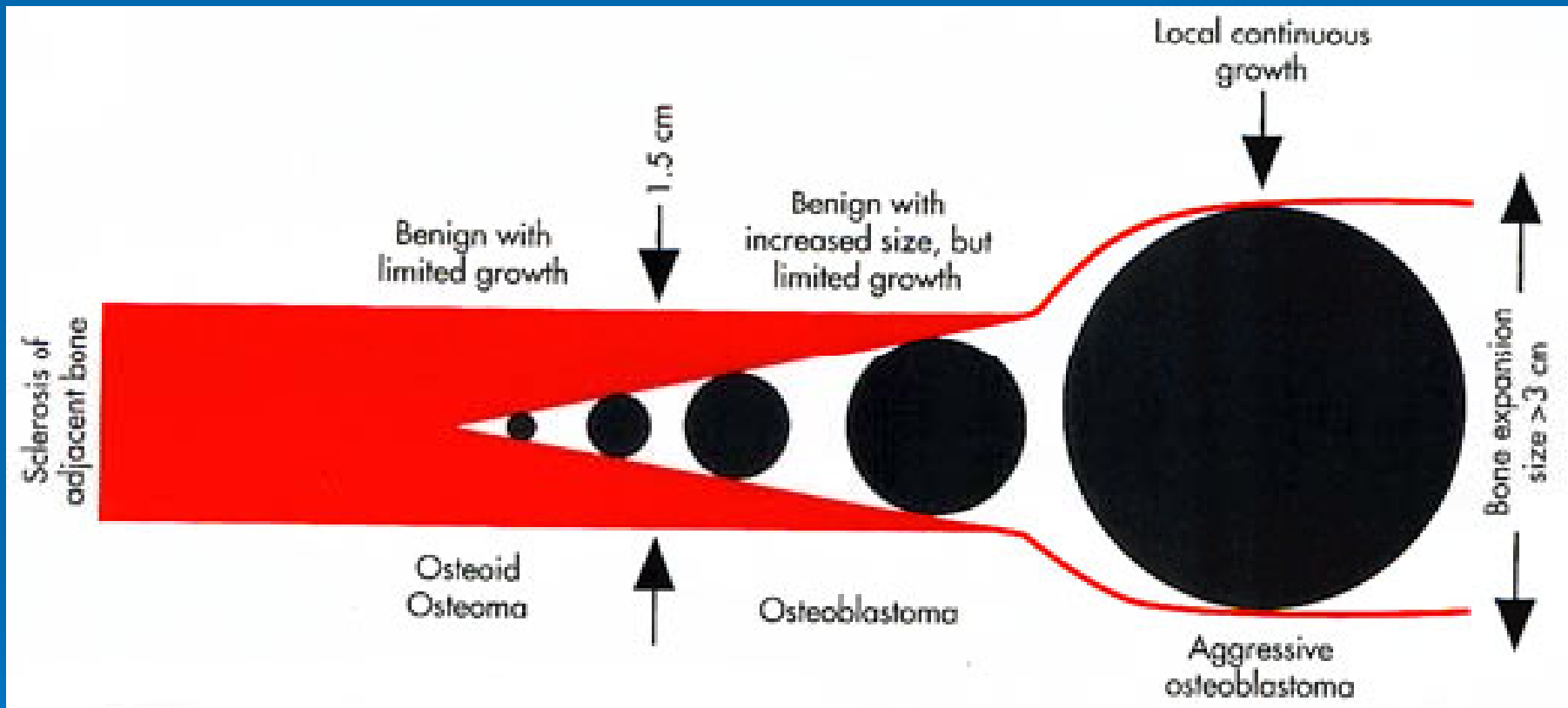
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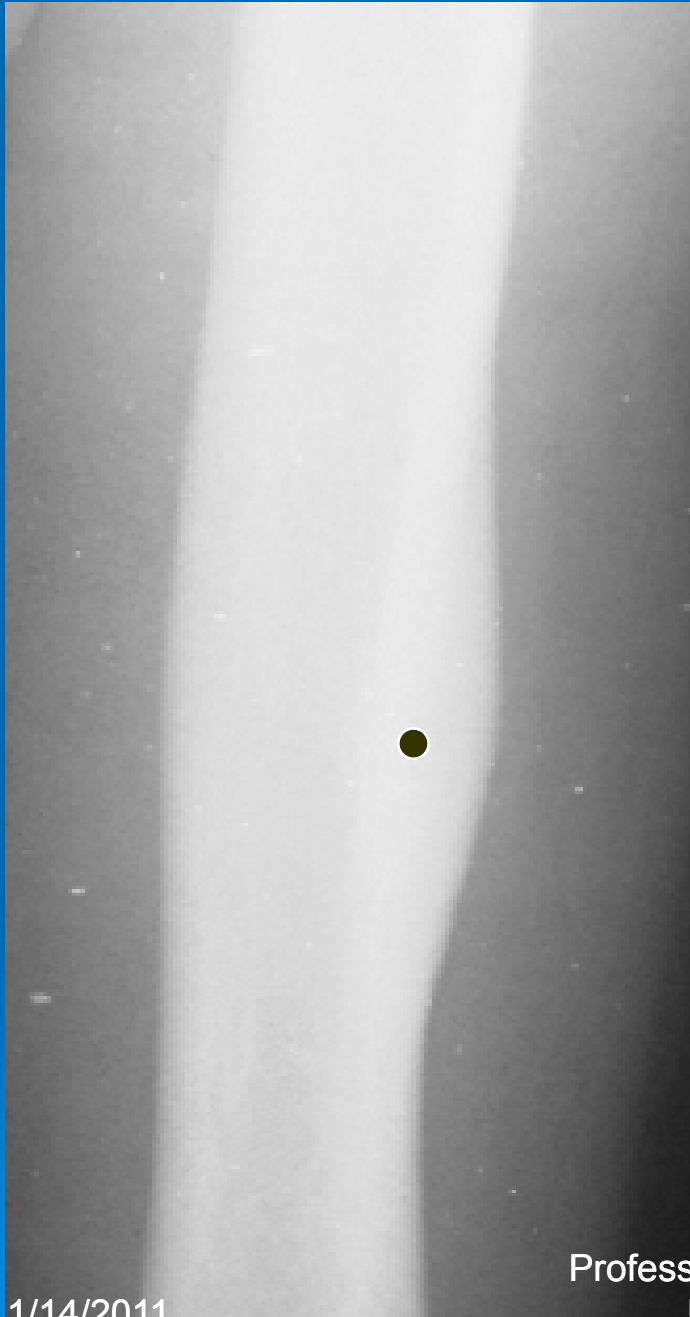
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# Osteoblastoma

- = Males in the 2<sup>nd</sup>- 3rd decade
- = locally-aggressive tumour.
- = 40% occur in the spinal column and sacrum .
- = Osteoblastoma is (2-10 cm ).





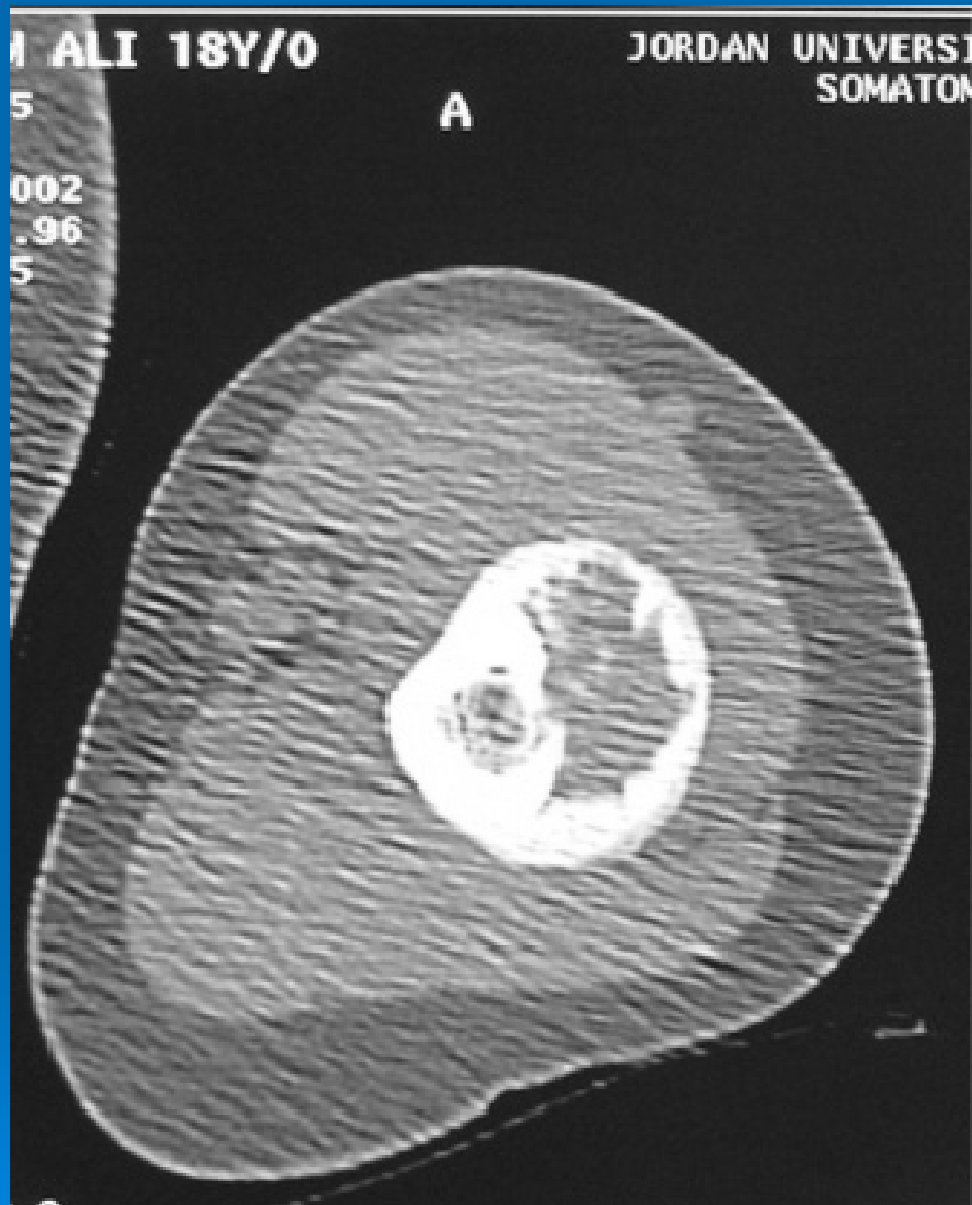


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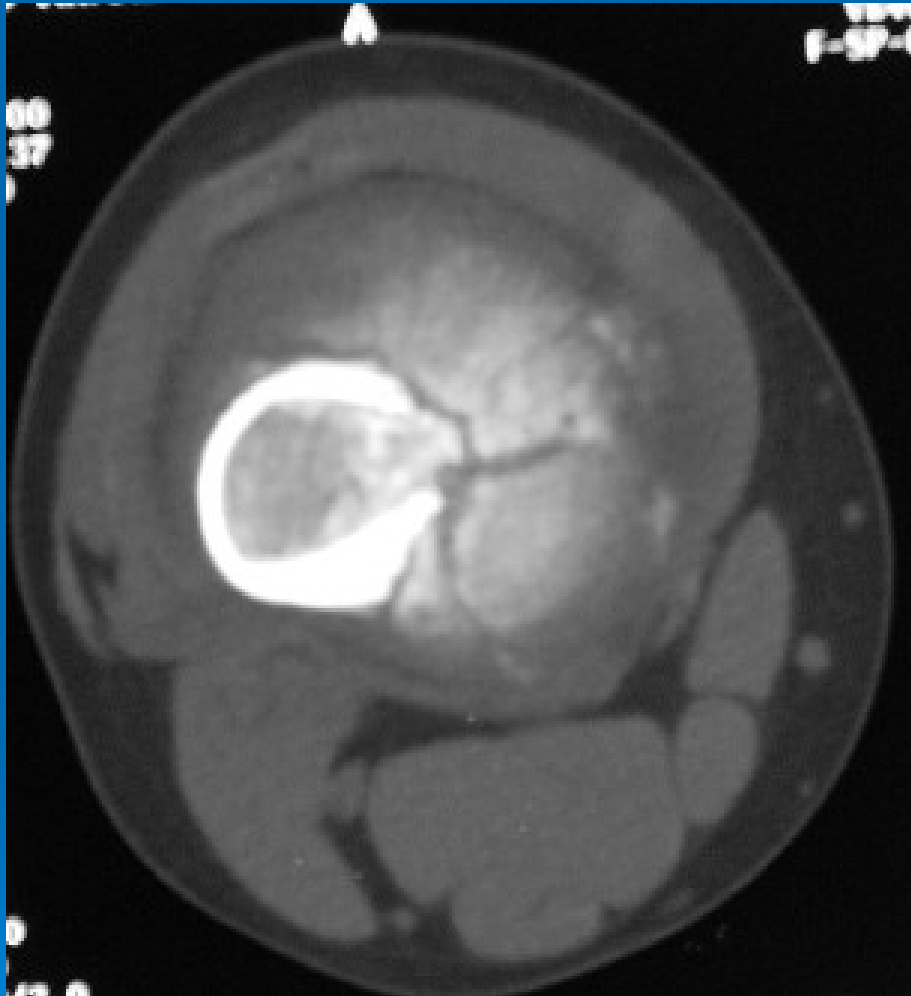


# Osteosarcoma

- = **Commonest 1ry malignant B.T.**
- = **60% of patients are male .**
- = **Age incidence 10 - 20 years .**
- = **50% of cases around the knee**
- = **Usually in metaphysis**
- = **Presents with pain and swelling.**

# Plain radiograph

- = Bone destruction and bone formation lesion with a soft tissue component.
- = **Medulla**: area of rarefaction with ill defined edges
- = **Cortex**: perforated
- = **Periosteum**: Sun ray spicules & Codeman triangle



## Distant Mets.

-Lung

-Bone

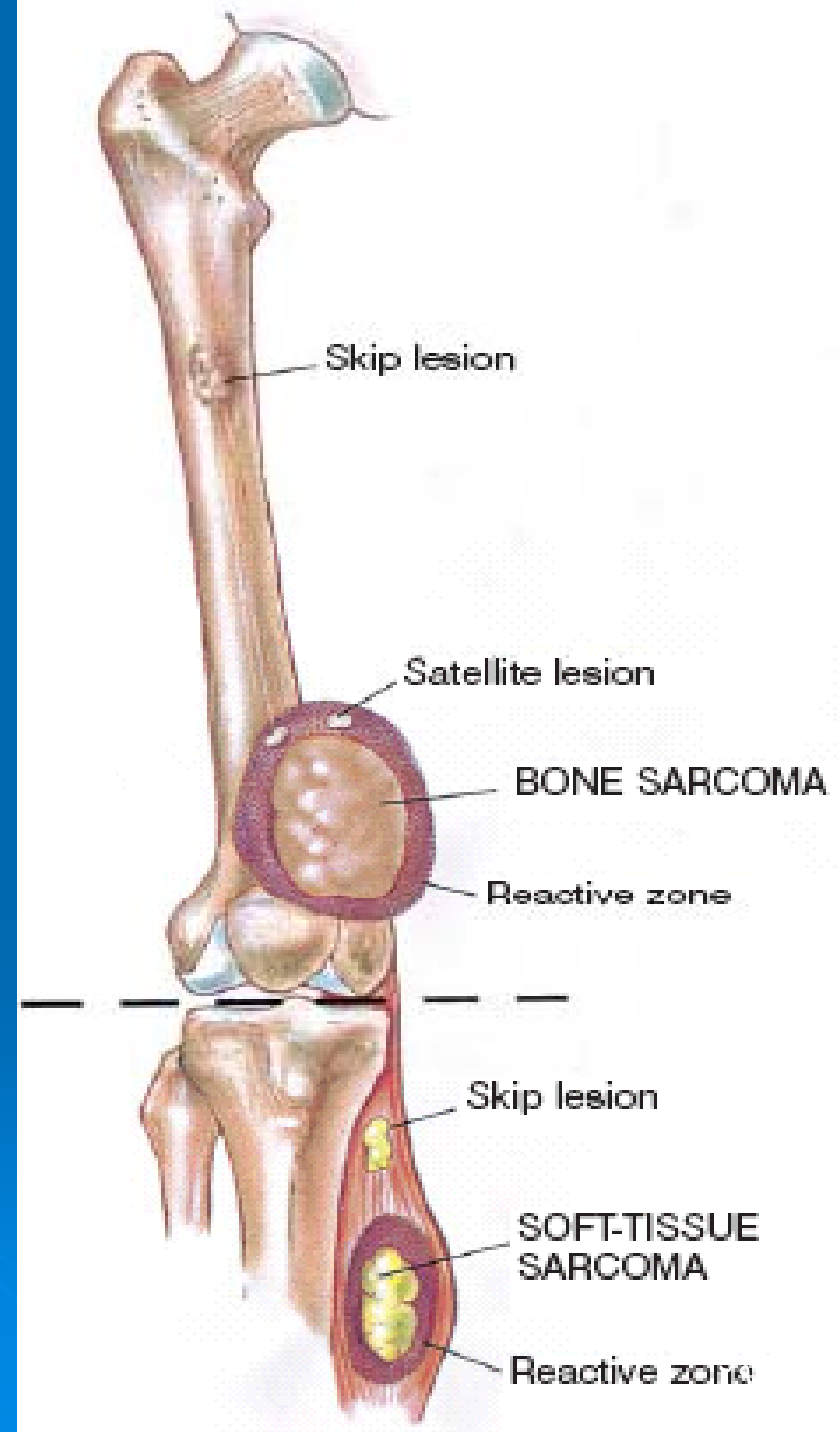
## Local Mets.

-Satelitte lesion

-Skip lesion

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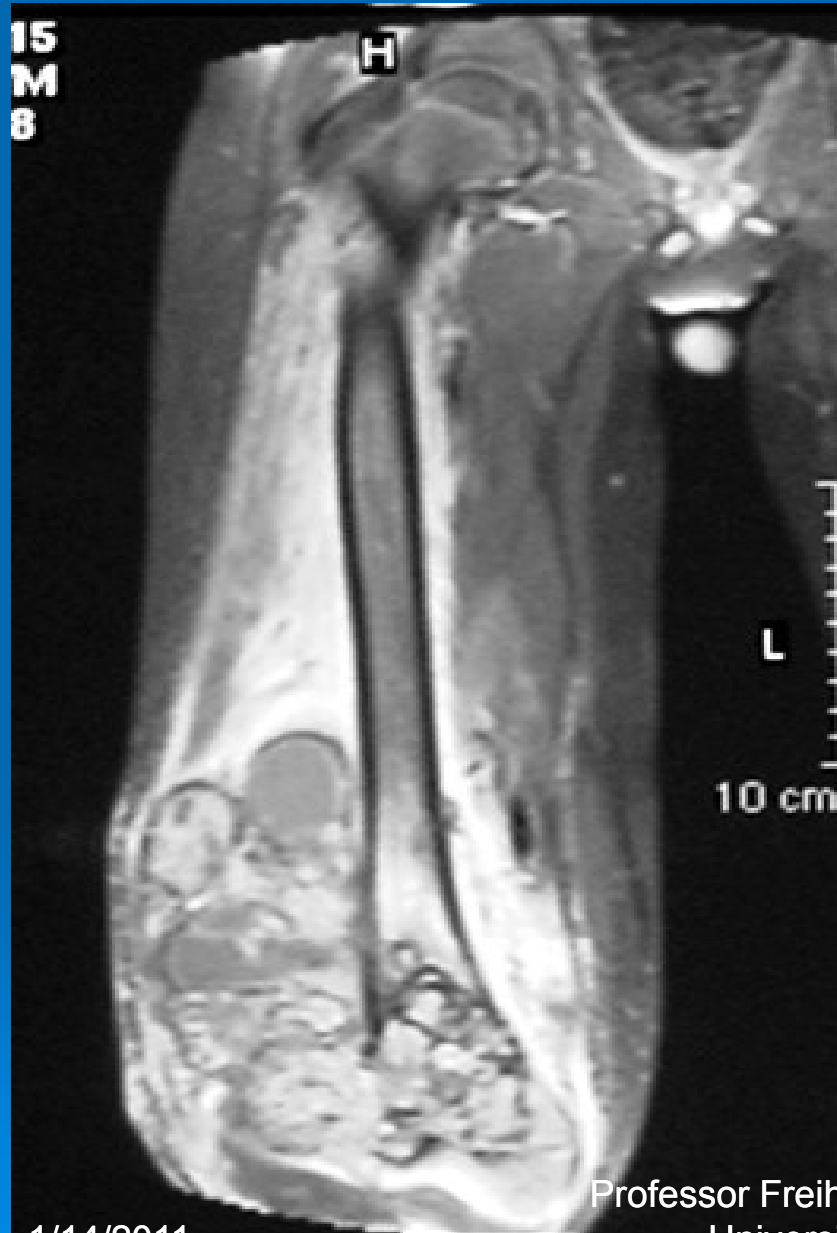
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# Ewing's Sarcoma

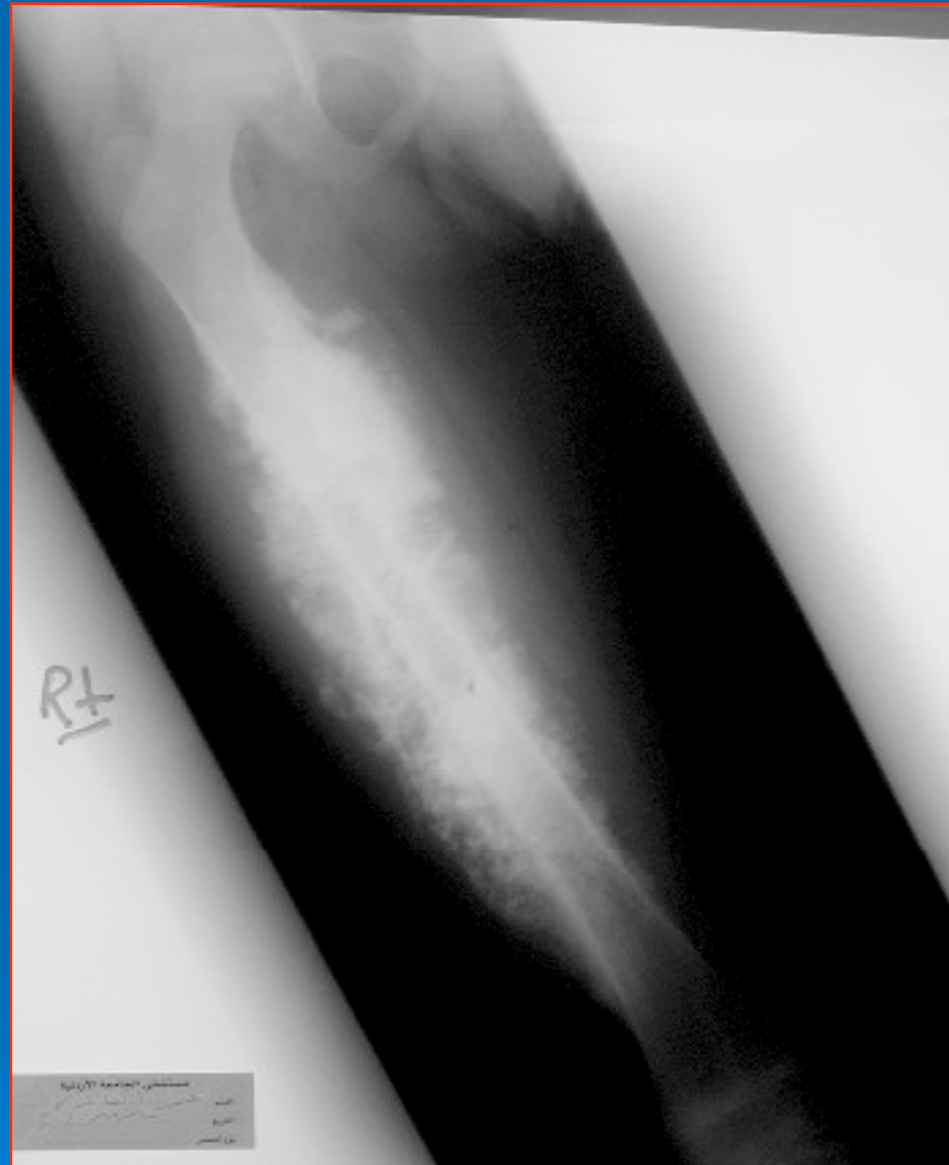
= 10-20 y

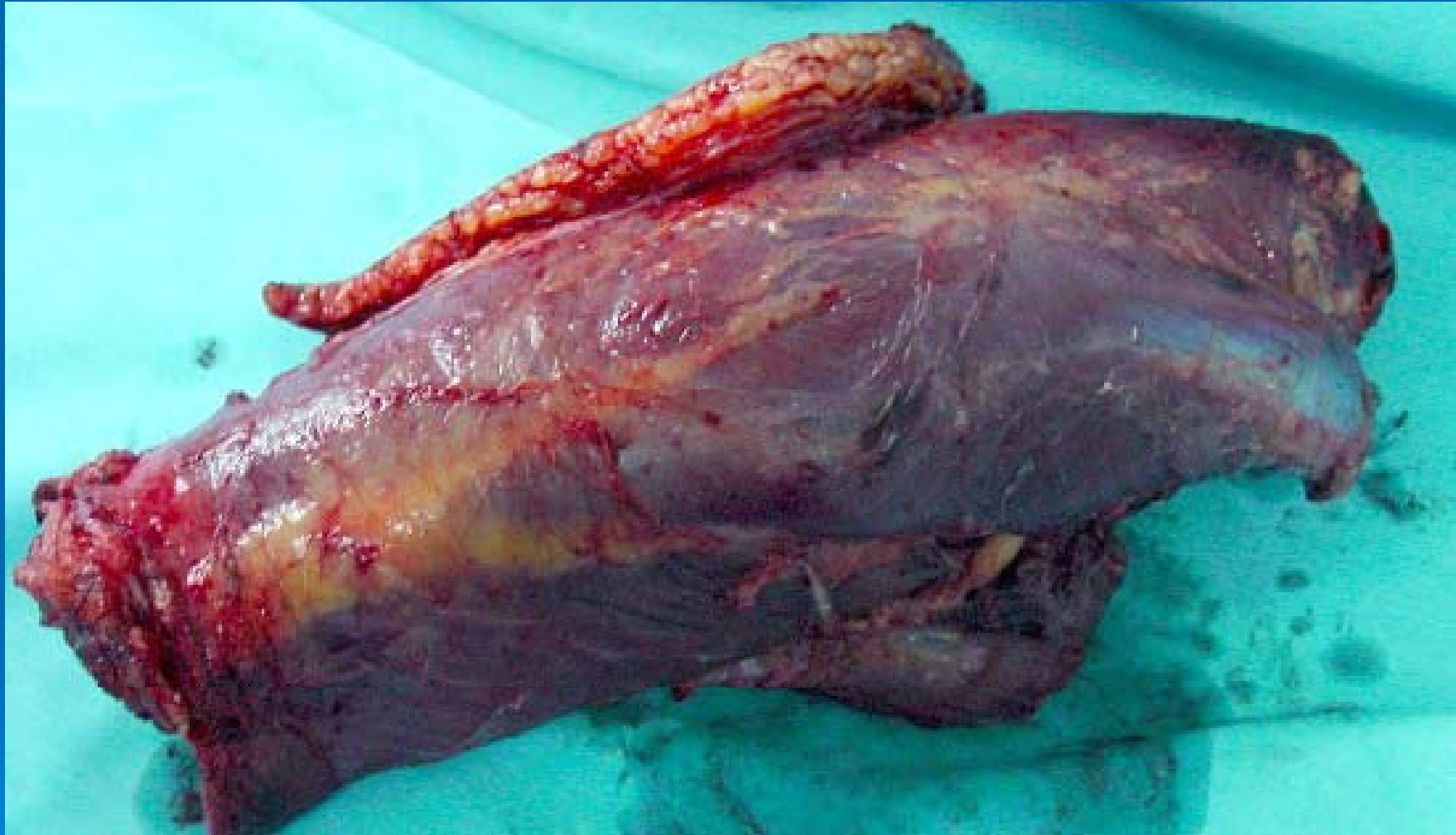
= Long bones esp. the tibia

= C/O: Pain and limp

= Increase temperature

= Mets to lungs, bones, lymph





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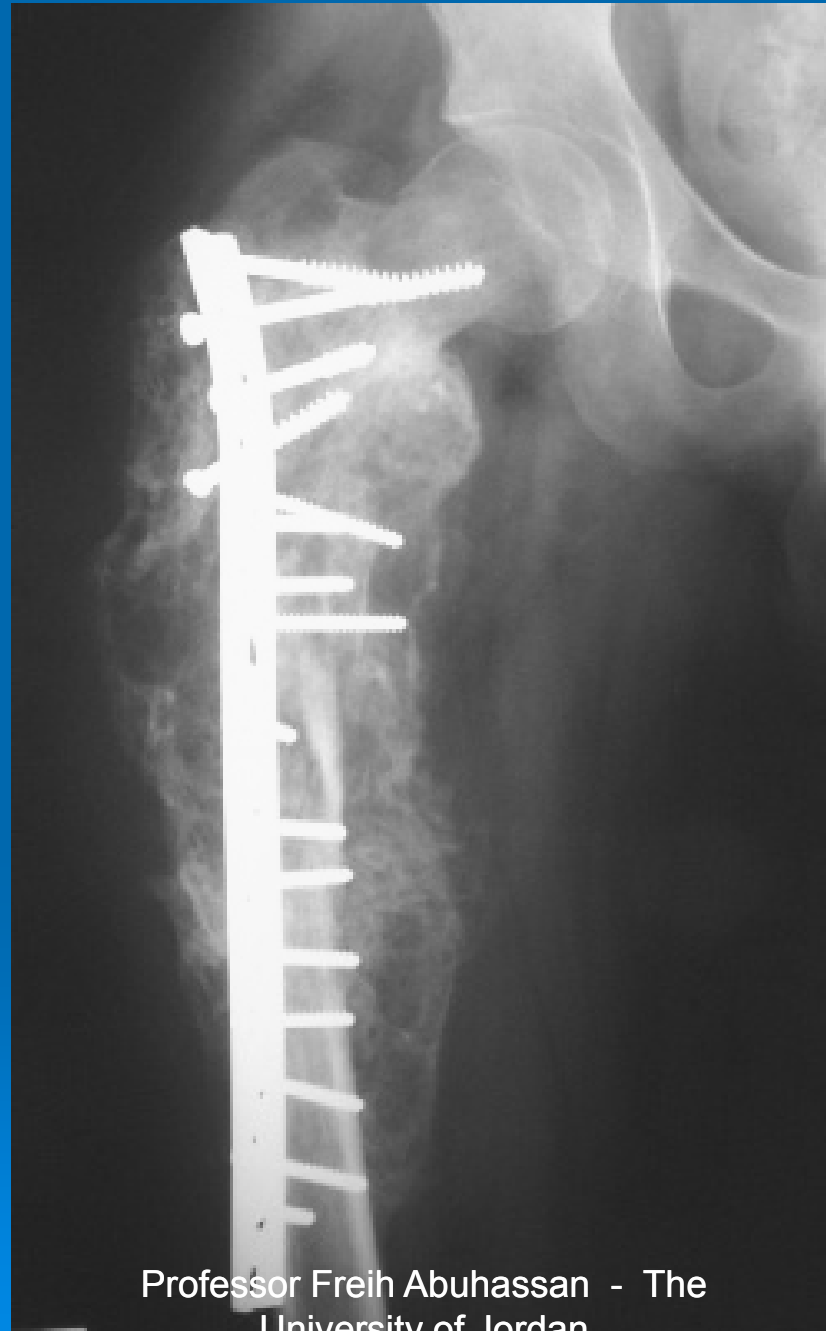
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# Osteochondroma

- = The commonest benign B.T.
- = Grossly the lesion like a cauliflower.
- = It has a cartilaginous cap which is less than 1 cm in thickness.
- = Single or multiple



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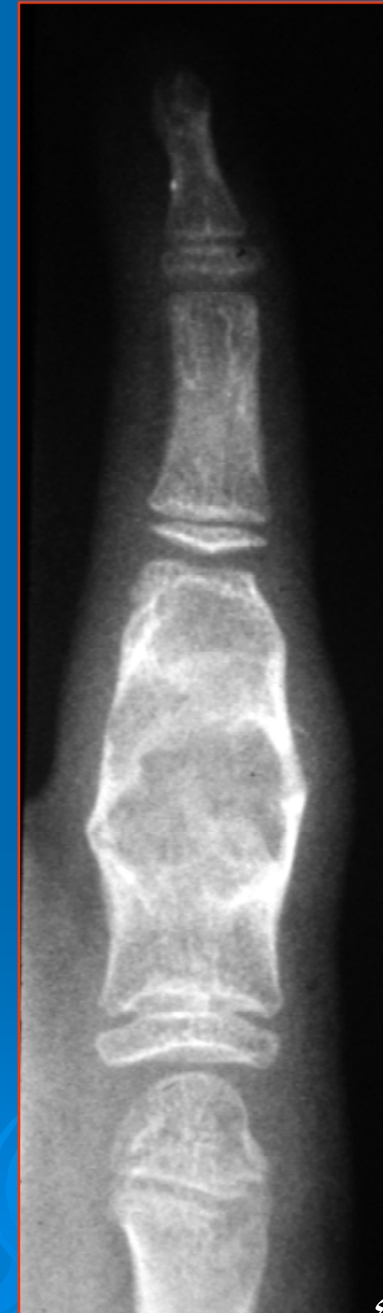
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# Enchondroma

- = **Benign tumour composed of mature hyaline cartilage.**
- = **Radiologically the lesion is usually in the diaphysis.**
- = **It often contains calcifications**
- = **Single or multiple**



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# Chondroblastoma

= In young before epiph. closure  
& usually has origin from the  
region of the chondral plate of the  
long bones & the 2ry O.C, 50% in  
G. trochanter of the femur,  
humeral tuberosity etc.

# The sites of chondroblastoma

= Distal femur, proximal tibia 17%

= Proximal femur 16%

= Proximal humerus 17%

# Radiographic features

- = Medullary in origin in  $> 90\%$  of cases.
- = Eccentrically located always touching the epiphyseal plate.
- The size of the lesion varies from 1 -10 cms with spherical / oval shape



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# Chondrosarcoma

- = Malignant cartilage tumour.
- = Occur in adulthood or old.
- = 60% of the patients are male.
- = 25% 2ry to osteochondromas and enchondromas.
- = Mainly presents with pain.
- = Late mets



## **X-rays**

**usually show osseous destruction  
by the tumour and mottled  
densities within it.**



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# Treatment

## WIDE LOCAL RESECTION

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# Metastatic Bone Tumours

- 1- Breast
- 2- Prostate
- 3- Bronchus
- 4- Kidney
- 5- Thyroid
- 6- GIT



# Tumour like lesions



## Bone Cysts



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# Giant cell Tumour

Age: 20 - 40

## Presentation

-Pain.

-A mass increasing in size.

Pulmonary mets 1-2%



# Giant cell Tumour

## Sites:

=epiphysis of the major long bones

- distal femur
- proximal tibia.
- vertebral body.
- Radius

**stage 1. Benign**

**stage 2. Active-Local malignant -60%**

**stage 3 locally aggressive-30%**

## **Stage 1 GCT**

**=Curettage/bone graft**

## **Stage 2 GCT**

**=Curettage/cementation**

**=Subchondral bone grafting/  
cementation**

# Stage 3 GCT

**1=Wide resection/arthrodesis**

**2=Wide resection/modular prosthesis**

**3=Wide resection/osteoarticular  
allograft**

# Radiation Therapy

**=clinical recurrence occurs in 15 – 25%**  
**= late radiation-induced sarcoma < 5 %**





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# **Malignant Bone Tumours Treatment**

**= Neoadjuvant Chemo/R**

**= Radio/R**

**= limb salvage surgery**

**= Amputation**

**1-Endoprosthesis**

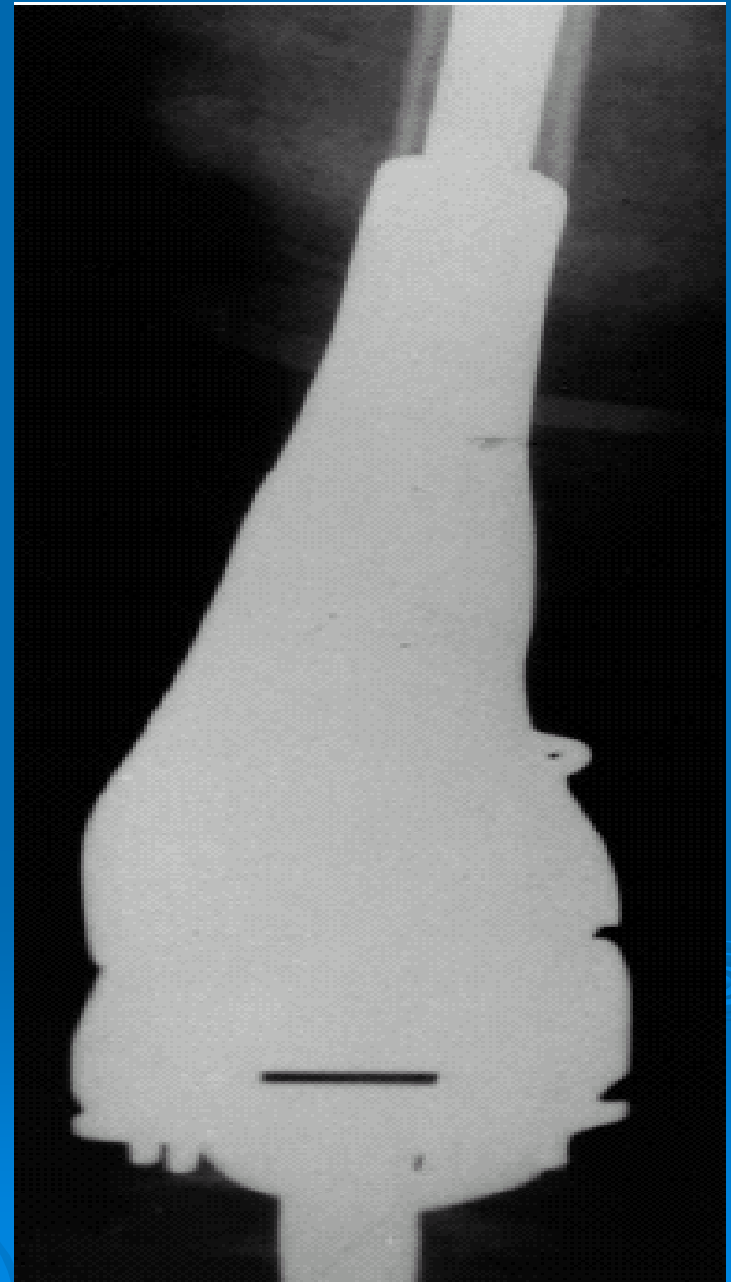
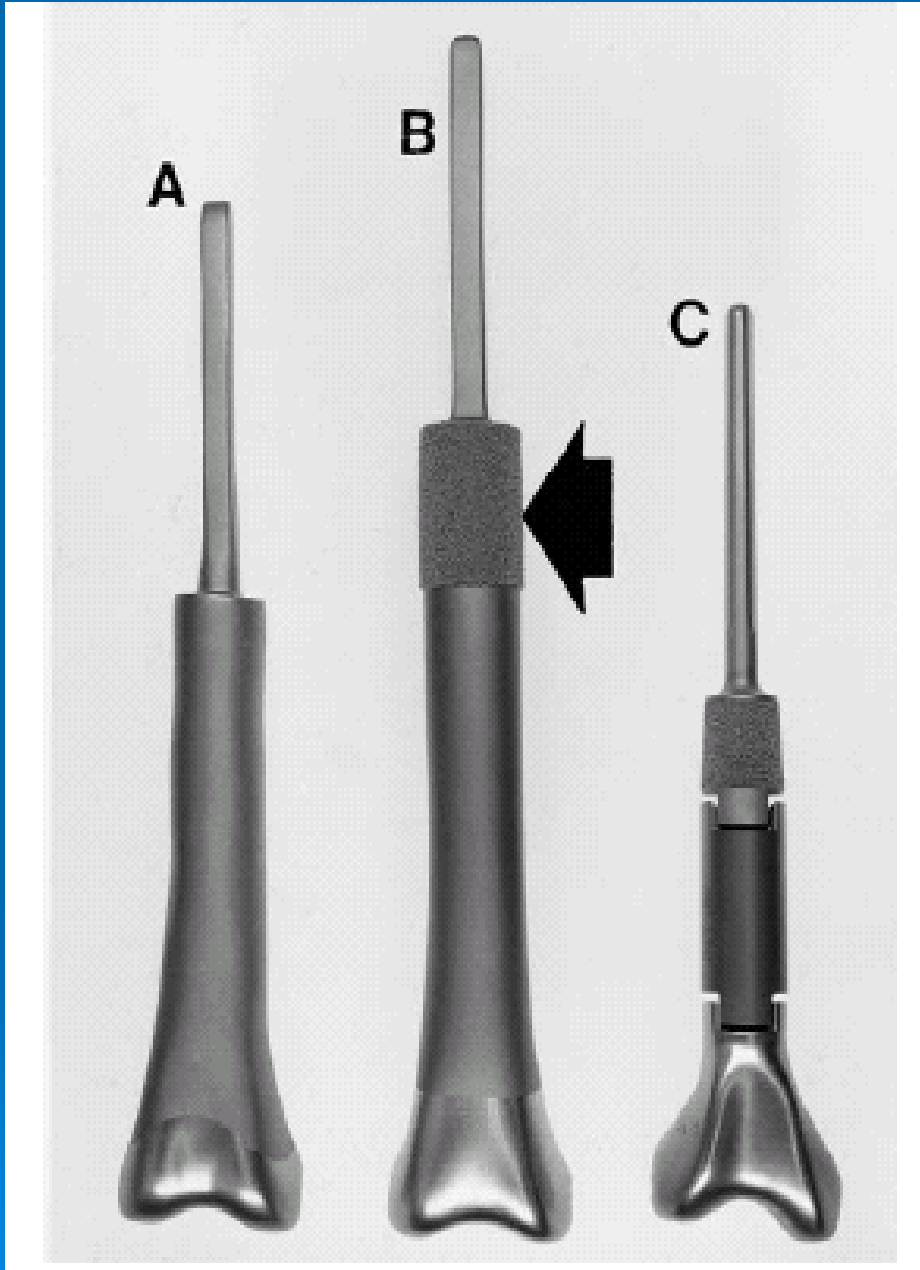
**2-Distraction osteogenesis**

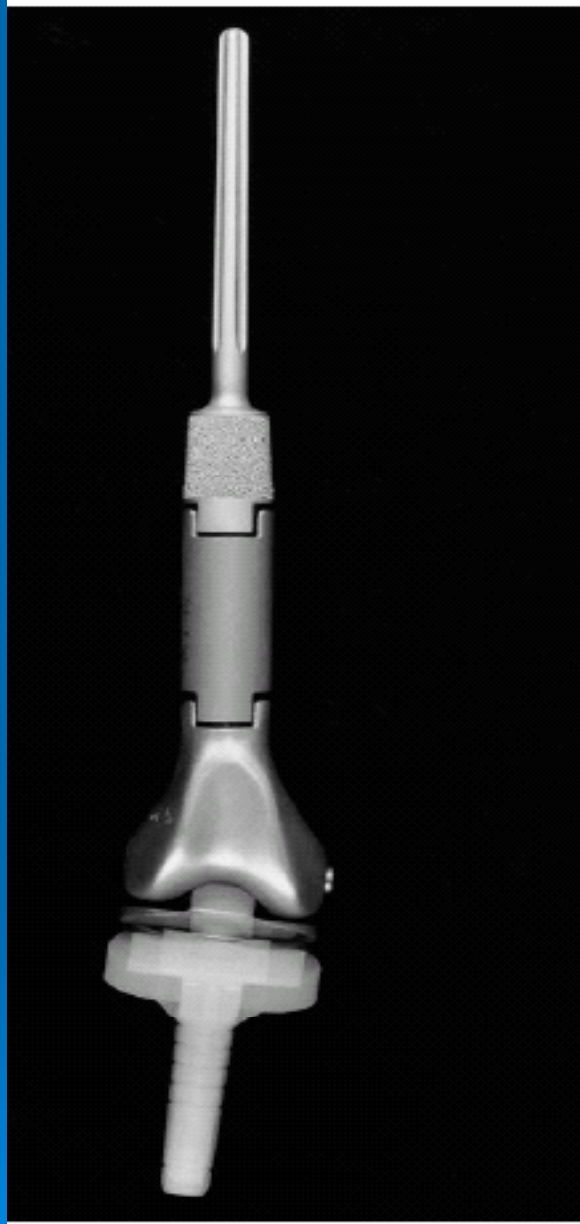
**3-Vascularized graft**

**4-Massive Allograft**

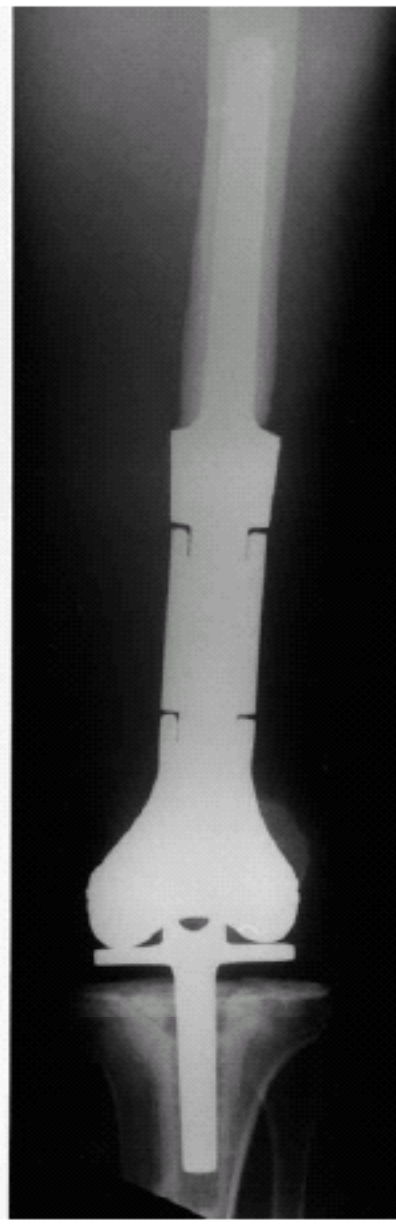
**5-Resection shortening**

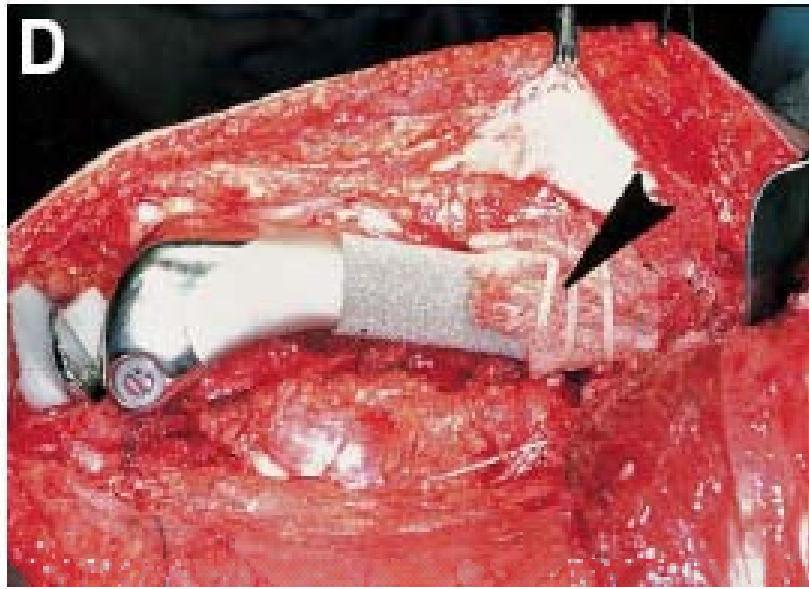
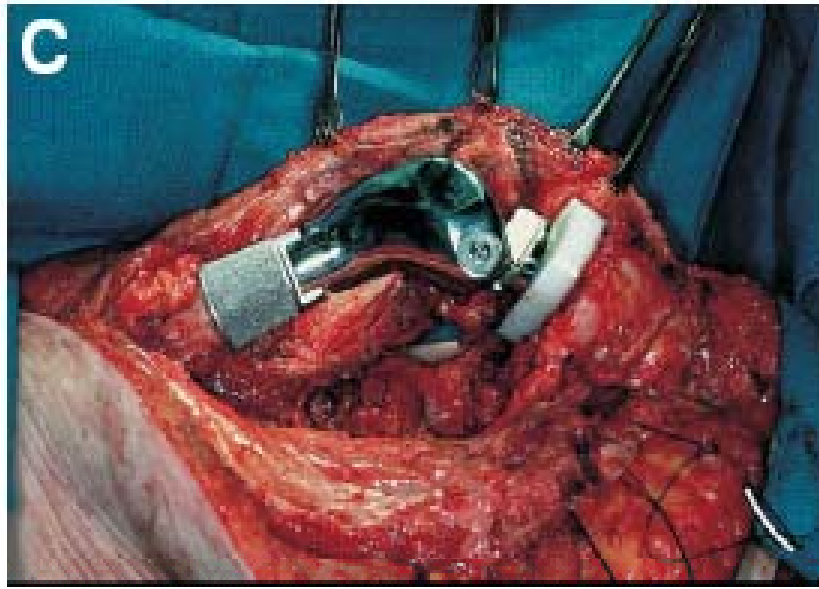
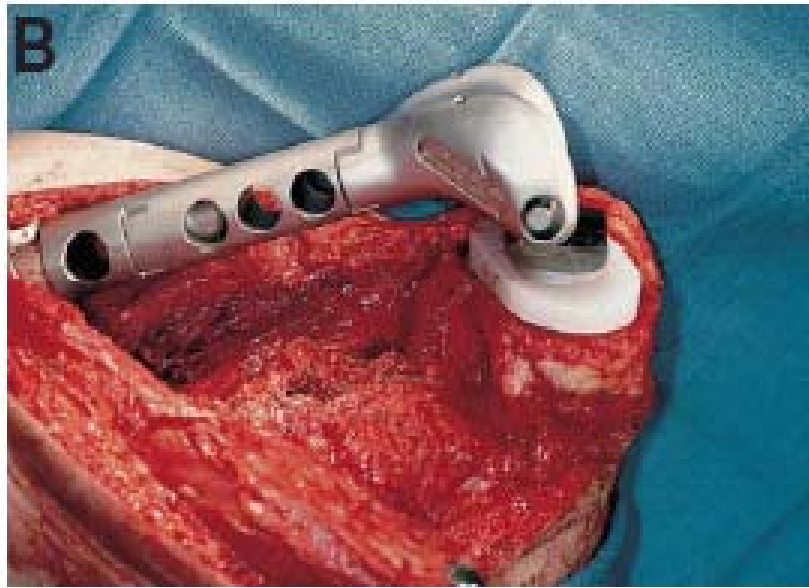
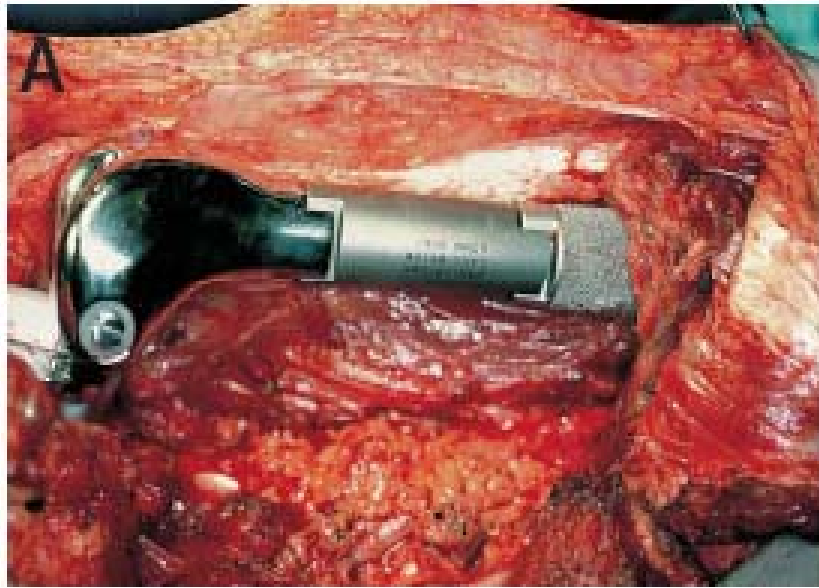
**6-Rotationplasty**

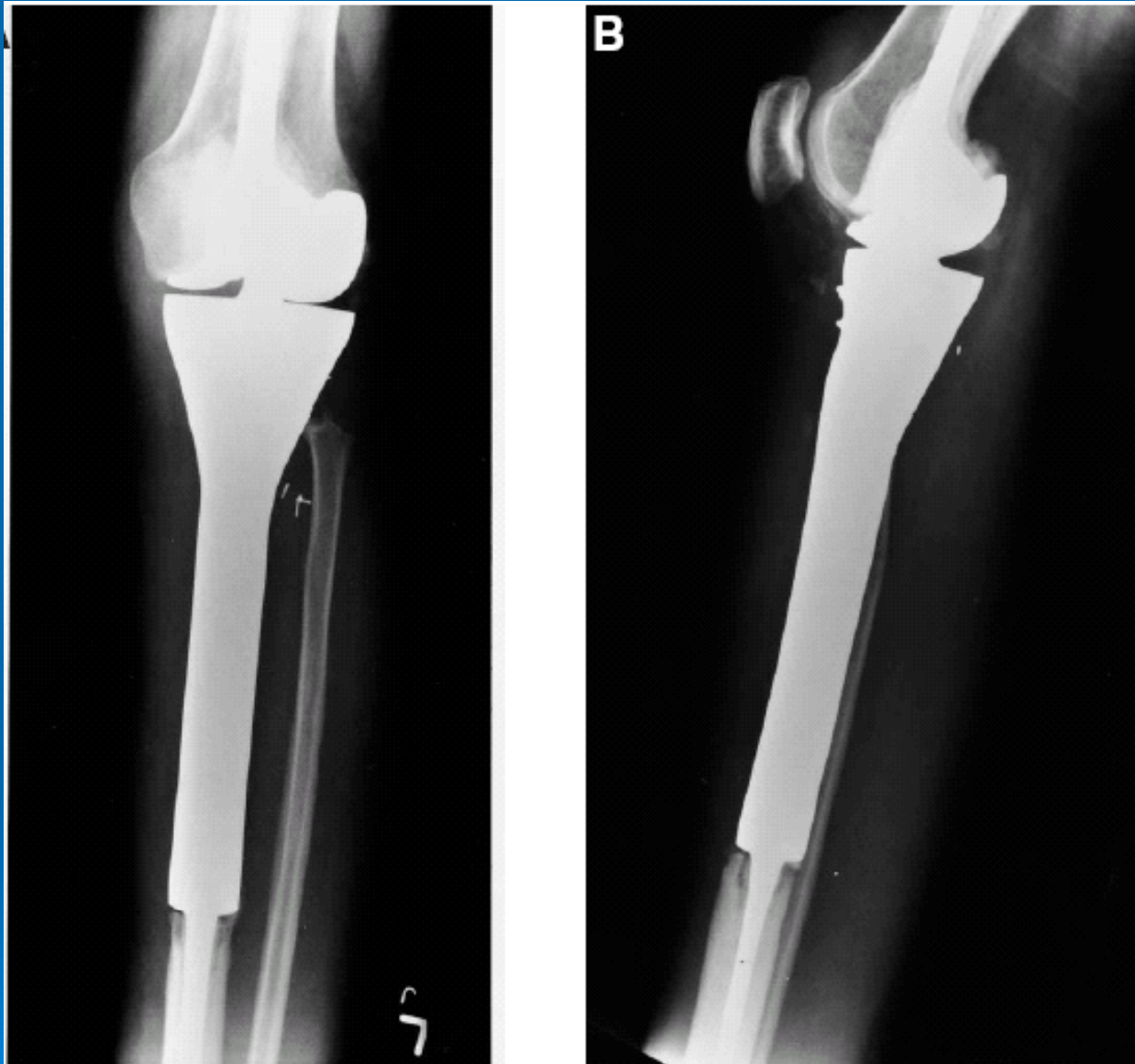




**B**







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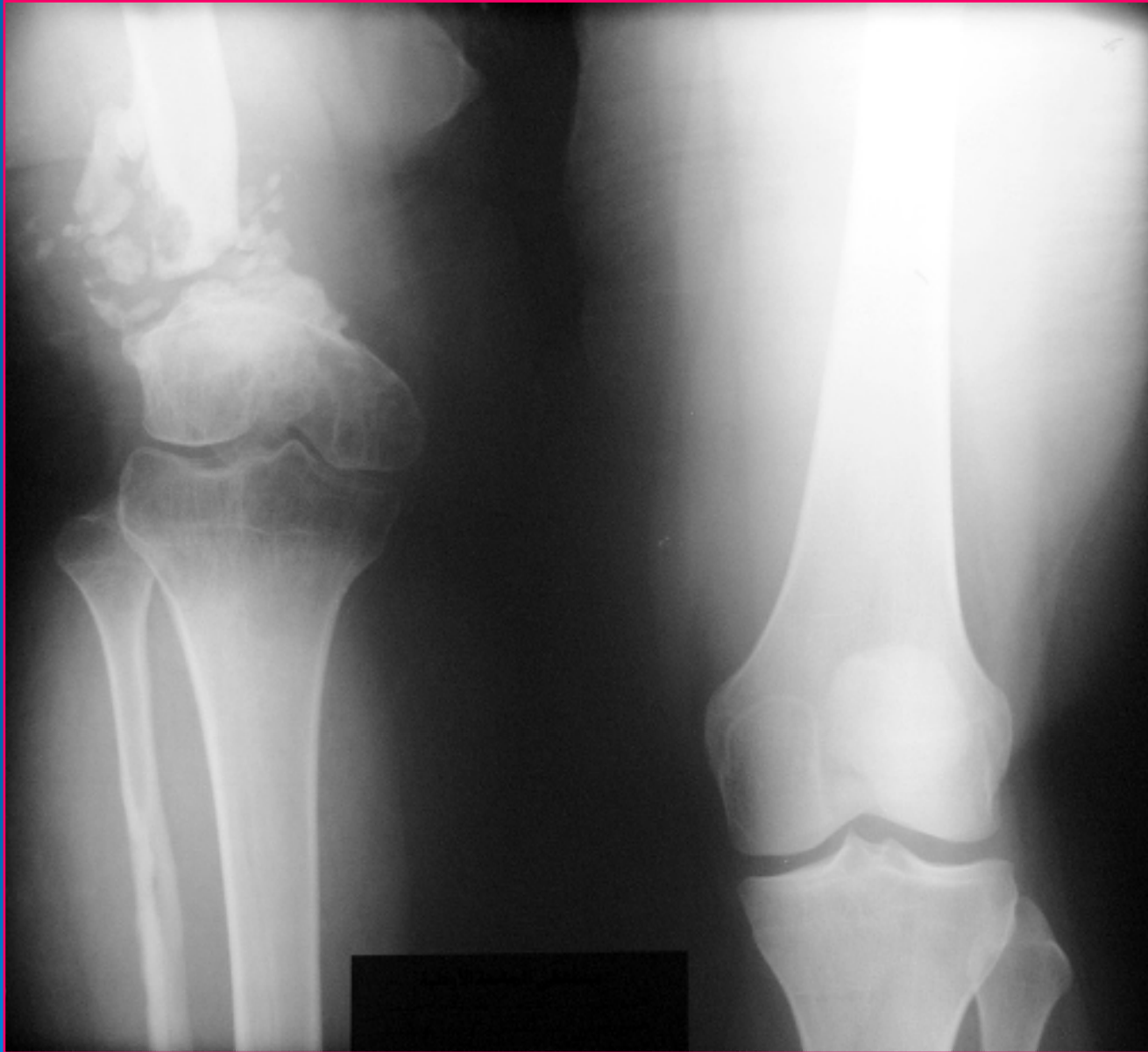
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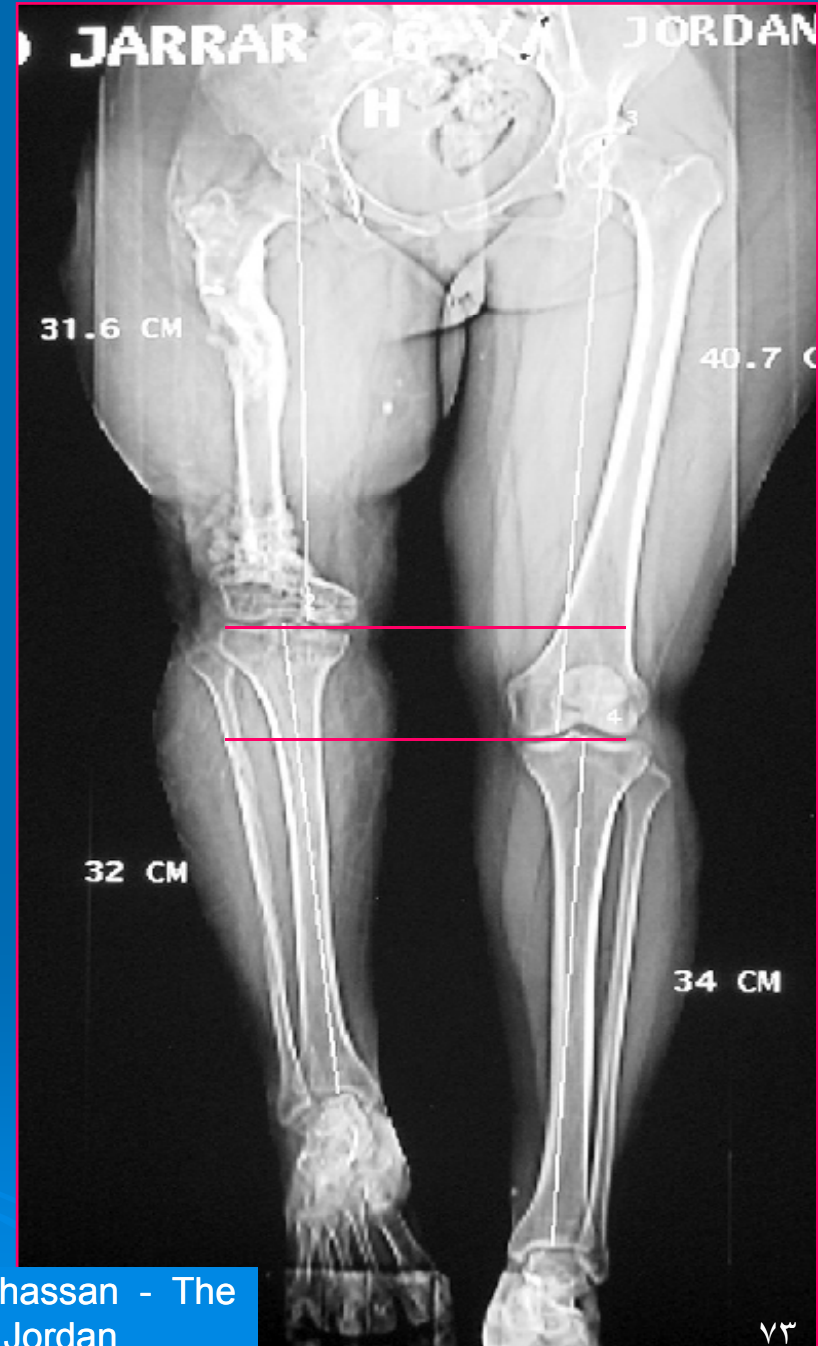
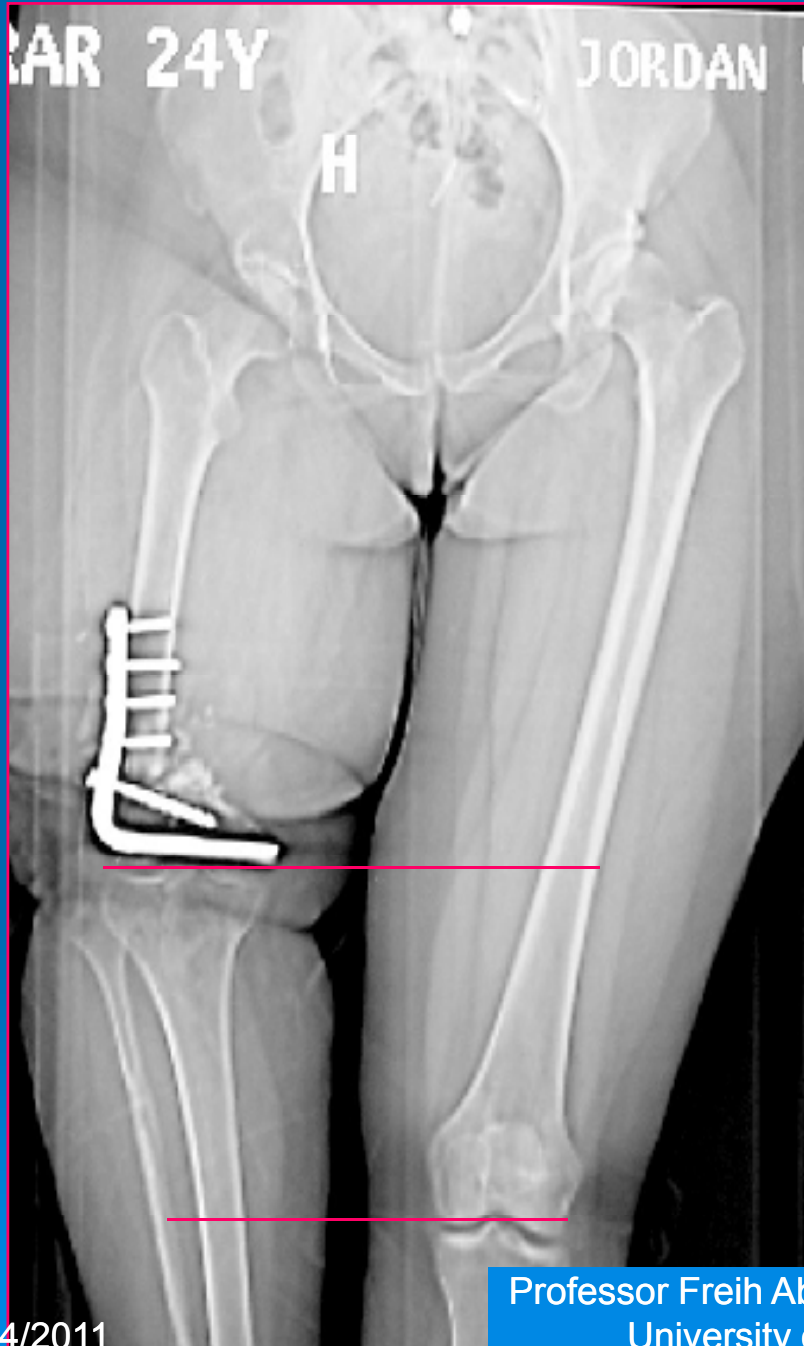


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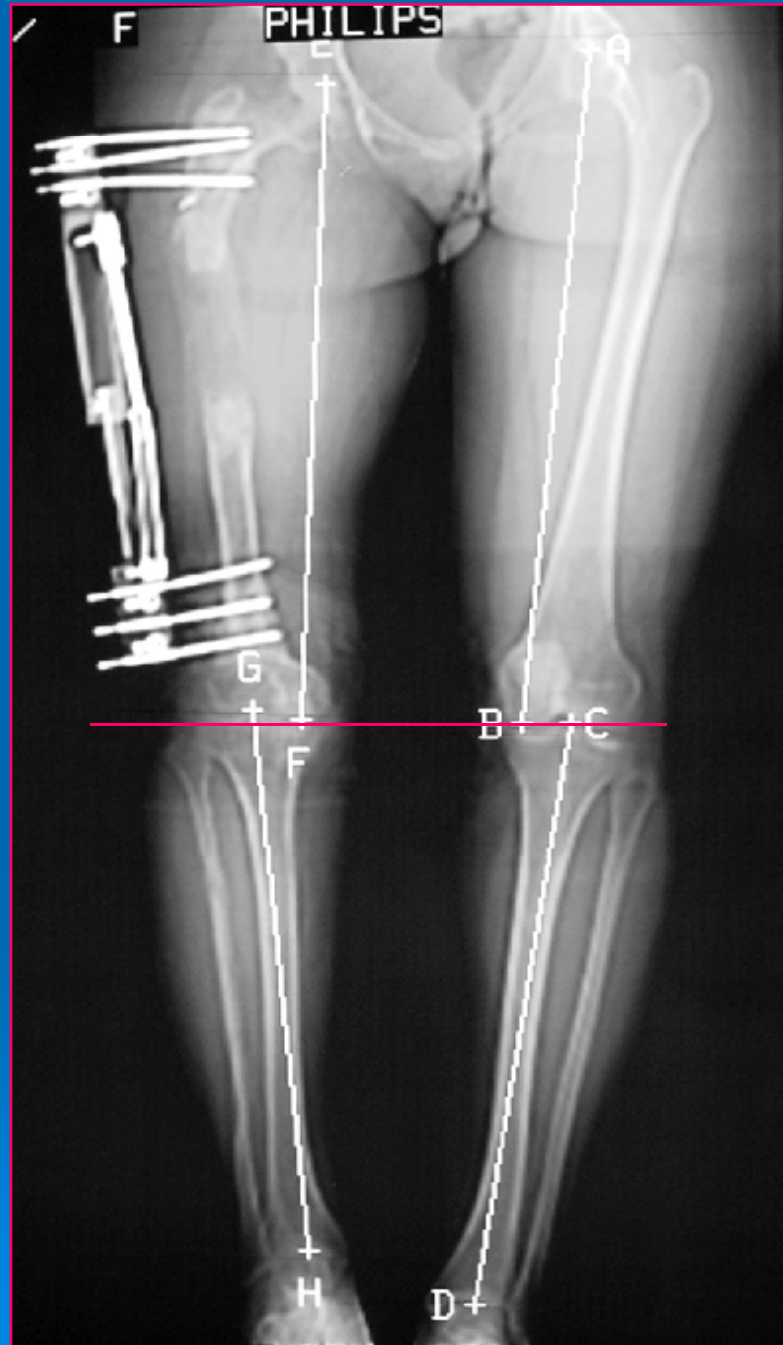




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